

PATTERN CHART FOR EASTERN & WESTERN DISEASES

EASTERN DISEASES → Grey Boxes

WESTERN DISEASES → Blue Boxes

Eastern & Western diseases are combined and listed by alphabetical order below.

Grey Boxes indicate Eastern diseases, while Blue Boxes indicate Western diseases.

DISEASES	TCM PATTERNS	FORMULA	ACUPUNCTURE	
ABDOMINAL PAIN	Cold invasion	Li Zhong Wan	• RN12, RN8, ST36, SP4	
	Damp-Heat accumulation	Da Cheng Qi Tang	• LI4, LI11, UB25, ST37, ST25	
	Food retention	Bao He Wan	• RN12, ST25, RN6, ST36	
	Qi stagnation + Blood stasis	Chai Hu Shu Gan San + Shao Fu Zhu Yu Tang	• RN17, LV3, PC6, RN10, GB34	
	SP/ST Yang deficiency	Xiao Jian Zhong Tang	• UB20, UB21, RN12, LV13, RN6, ST36	
RELATED DISEASES: acute or chronic enteritis, intestinal tumor, intestinal tuberculosis, pancreatitis, cholecystitis, chronic non-perforated appendicitis, fecal impaction				
ABNORMAL SWEATING	Def.	LU Wei Qi deficiency	Yu Ping Feng San	
		Ying & Wei disharmony	Gui Zhi Tang	
		Yin-deficiency Fire	Dang Gui Liu Huang Tang	
	Excess	Excess Heat flaring	Bai Hu Tang	DU14 (cupping after needle removal)
		Damp-Heat accumulation	Long Dan Xie Gan Tang	
RELATED DISEASES: hyperthyroidism, pulmonary tuberculosis, paroxysmal hypoglycemia, vegetative nerve functional disturbance, prostration, shock				
ACID REGURGITATION	Heat pattern	Zuo Jin Wan	ST44, RN12, RN14, LV14, GB24, GB40	
	Cold pattern	Xiang Sha Liu Jun Zi Tang		
ACNE VULGARIS	LU Wind-Heat	Pi Pa Qing Fei Yin	• LI11, DU12, UB13	
	ST & Intestine Damp-Heat	Dan Di Tang	• LI11, DU10	
	Blood stasis	Tao Hong Si Wu Tang	• UB17, SP10	
	Toxic Heat	Wu Wei Xiao Du Yin	• UB17, SP10, LI11, LI4	
	SP deficiency + Damp-Phlegm	Si Jun Zi Tang	• ST40, SP5	
	Yin-deficiency Fire	Zhi Bai Di Huang Wan	• UB17, LI11, SP6, KD3	