

FORMULA	INGREDIENTS (g)	INDICATIONS												
<b>AN GONG NIU HUANG WAN</b> calm the palace pill with cattle gallstone <i>Clear Heat &amp; Open Orifices</i>	Niu Huang 30 Xi Jiao 30 She Xiang 7.5 Huang Lian 30 Huang Qin 30 Zhi Zi 30 Xiong Huang 30 Bing Pian 7.5 Yu Jin 30 Zhu Sha 30 Zhen Zhu 15	<ul style="list-style-type: none"> <li>• <b>Warm-febrile disease sinking into the PC with turbid Phlegm veiling the sensory orifices:</b> High fever, irritability, restlessness, delirious speech, impaired consciousness, ① red or deep red, ② rapid, forceful</li> <li>• <b>Note:</b> Also used for closed-type Wind-stroke or childhood convulsions. This formula focuses on clearing Heat and relieving toxicity.</li> </ul>												
<b>BA ZHEN TANG</b> eight-treasure decoction <i>Tonify Qi &amp; Blood</i>	Ren Shen 6-9 Bai Zhu 9-12 Fu Ling 12-15 Zhi Gan Cao 3-6 Shu Di Huang 15-18 Bai Shao 12-15 Dang Gui 12-15 Chuan Xiong 6-9 Sheng Jiang 3p Da Zao 2p	<ul style="list-style-type: none"> <li>• <b>Qi &amp; Blood deficiency:</b> Pallid or sallow complexion, palpitations with anxiety, laconic speech, easily-fatigued extremities, light-headedness and/or vertigo, loss of appetite, emaciation, ① pale, ② thin, frail or large, deficient, without strength</li> </ul> <table border="1" style="width: 100%; margin-top: 10px;"> <thead> <tr> <th>Qi deficiency</th> <th>Blood deficiency</th> </tr> </thead> <tbody> <tr> <td>Si Jun Zi Tang (4 Gentleman Decoction)</td> <td>Si Wu Tang (4 Substances Decoction)</td> </tr> </tbody> </table>	Qi deficiency	Blood deficiency	Si Jun Zi Tang (4 Gentleman Decoction)	Si Wu Tang (4 Substances Decoction)								
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<b>BA ZHENG SAN</b> eight-herb powder for rectification <i>Clear Damp-Heat</i>	Mu Tong 3-6 Hua Shi 12-30 Che Qian Zi 9-15 Qu Mai 6-12 Bian Xu 6-12 Zhi Zi 3-9 Zhi Da Huang 6-9 Deng Xin Cao 3-6 Gan Cao 3-9	<ul style="list-style-type: none"> <li>• <b>Damp-Heat clumping in the Lower Jiao:</b> Dark, turbid, scanty, difficult and painful urination; a dry mouth and throat; possible urinary retention, lower abdominal distention and pain, ① yellow greasy coat, ② slippery, rapid</li> <li>• <b>Note:</b> Commonly used for Blood Lin or Heat Lin</li> </ul> <table border="1" style="width: 100%; margin-top: 10px;"> <thead> <tr> <th colspan="2">Associated Formulas</th> <th>Indications</th> </tr> </thead> <tbody> <tr> <td>Wu Lin San (5 Dysuria Powder)</td> <td>Chi Shao 30, Zhi Zi 30, Chi Fu Ling 9, Dang Gui 7.5, Gan Cao 7.5</td> <td>Painful dysuria</td> </tr> <tr> <td>San Jin Tang (3 Stone Decoction)</td> <td>Jin Qian Cao 60, Hai Jin Sha 30, Ji Nei Jin 9, Qu Mai 12, Dong Kui Zi 12, Shi Wei 9</td> <td>Stony painful dysuria</td> </tr> </tbody> </table>	Associated Formulas		Indications	Wu Lin San (5 Dysuria Powder)	Chi Shao 30, Zhi Zi 30, Chi Fu Ling 9, Dang Gui 7.5, Gan Cao 7.5	Painful dysuria	San Jin Tang (3 Stone Decoction)	Jin Qian Cao 60, Hai Jin Sha 30, Ji Nei Jin 9, Qu Mai 12, Dong Kui Zi 12, Shi Wei 9	Stony painful dysuria			
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<b>BAI HE GU JIN TANG</b> lily bulb decoction to preserve the metal <i>Enrich Yin &amp; Moisten Dryness</i>	Bai He 6-24 Sheng Di Huang 12 Shu Di Huang 18 Mai Men Dong 9 Xuan Shen 4.8 Chuan Bei Mu 6 Jie Geng 4.8 Dang Gui 6 Bai Shao 6 Gan Cao 6	<ul style="list-style-type: none"> <li>• <b>Internal dryness of the LU:</b> Cough with blood-streaked sputum, wheezing, dry and sore throat, hot palms and soles, night sweats, ① dry, red with little coat, ② thin, rapid</li> <li>• <b>Note:</b> Focuses on nourishing the Yin</li> </ul>												

RED Boxes → NCCAOM Formulas

King Herbs → Grey Shaded