

SANG BAI PI Stop Cough Mori Cx (Mulberry root bark)	sweet cold 6-15g	LU	<ul style="list-style-type: none"> • Descend LU Qi, stop cough & wheezing, clear LU Heat & transform Phlegm: cough & wheezing due to Heat from excess in the LU → <i>Xie Bai San</i> • Promote urination, reduce edema: edema with urinary difficulty due to Heat from excess, swelling around the eyes → <i>Wu Pi Yin</i> 																			
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SANG JI SHENG Dispel Wind-Damp Taxilli Hb (Mistletoe)	bitter sweet neutral 9-15g	KD LV	<ul style="list-style-type: none"> • Expel Wind-Damp, tonify the LV & KD Yin: pain & soreness in the lower back & extremities, with or without Wind-Damp → <i>Du Huo Ji Sheng Tang</i> • Calm the fetus: restless fetus due to LV & KD deficiency, habitual miscarriage → <i>Shou Tai Wan</i> • Nourish the Blood & benefit the skin: dry, scaly skin 																			
	SANG PIAO XIAO Astringent Mantis Ootheca (Mantis Egg-case)	sweet salty neutral 4.5-9g	KD LV	<ul style="list-style-type: none"> • Tonify KD Yang, secure the Essence, contain urine: KD Yang deficiency with dribbling urine, urinary frequency, nocturnal emissions (without dreams), bedwetting in children → <i>Sang Piao Xiao San / Tu Si Zi Wan</i> 																		
SANG SHEN Blood Tonic Mori Fr (Mulberry)		sweet cold 9-15g	HT LV KD	<ul style="list-style-type: none"> • Gently tonify & cool the Blood, enrich the Yin: dizziness, tinnitus, premature greying of hair, Wasting & Thirsting disorder • Moisten the intestines: constipation due to insufficient Blood or fluids 																		
	SANG YE Disperse Wind-Heat Mori Fo (Mulberry leaf)	sweet bitter cold 4.5-9g	LU LV	<ul style="list-style-type: none"> • Disperse Wind-Heat: external Wind-Heat, fever, cough, headache → <i>Sang Ju Yin</i> • Cool the LU, moisten Dryness: dry cough, dry throat, fever → <i>Sang Xing Tang / Qing Zao Jiu Fei Tang</i> • Cool the LV, clear the eyes: red, dry painful eyes or blurred vision due to Wind-Heat or LV disorder (LV Yang rising or LV Yin deficiency) • Cool the Blood, stop bleeding: mild hematemesis due to Blood-Heat 																		
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SANG ZHI Dispel Wind-Damp Mori Ramulus (Mulberry twig)	bitter neutral 9-15g	LV	<ul style="list-style-type: none"> • Dispel Wind-Damp, unblock the collaterals, alleviate pain: painful obstruction disorder with numbness & spasms, especially in the upper limbs, pain & itching in the limbs due to externally-contracted pathogenic Wind → <i>Juan Bi Tang</i> • Promote urination: general edema 																			
	SHA REN Aromatic for Damp Amomi Fr (Grains-of-Paradise fruit)	acrid warm aromatic 3-6g	SP ST	<ul style="list-style-type: none"> • Transform Damp, activate Qi, harmonize the SP, stop vomiting: Damp distressing the SP/ST with epigastric or abdominal distention & pain, lack of appetite → <i>Xiang Sha Liu Jun Zi Tang / Xiang Sha Yang Wei Tang</i> • Warm the Middle Jiao, stop diarrhea: diarrhea, abdominal pain • Calm the fetus: morning sickness, restless fetus 																		
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