

BLOOD

COMMON S/S		DETAIL											
BLOOD DEFICIENCY	Sallow complexion, pale lips, dizziness, poor memory, numbness, blurred vision, insomnia Ⓣ Pale and slightly dry Ⓟ Hesitant and thready	ORGAN	SIGNS AND SYMPTOMS										
		LV	Pallor, dizziness and vertigo, insomnia, blurring of vision, "floaters in eyes", dryness of the eyes, night blindness, numbness of the limbs, spasm of the tendons, cramps, scanty menstrual flow or amenorrhea, withered and brittle nails, dry hair and skin Ⓣ Pale, Ⓟ Thready										
		HT	Palpitations, insomnia, dream-disturbed sleep, dizziness and vertigo, poor memory, pallor, pale lips, anxiety, tendency to be startled Ⓣ Pale, thin, slightly dry, Ⓟ Thready and weak										
		PATHOLOGICAL DEVELOPMENT											
			<table border="1"> <tr><td>SP deficiency</td><td>❑</td></tr> <tr><td>LV deficiency</td><td>❑</td></tr> <tr><td>KD deficiency</td><td>❑</td></tr> </table>	SP deficiency	❑	LV deficiency	❑	KD deficiency	❑	BLOOD DEFICIENCY	<table border="1"> <tr><td>LV Yang rising</td></tr> <tr><td>LV Wind</td></tr> <tr><td>Dryness</td></tr> </table>	LV Yang rising	LV Wind
SP deficiency	❑												
LV deficiency	❑												
KD deficiency	❑												
LV Yang rising													
LV Wind													
Dryness													
BLOOD STASIS	Dark complexion, purple lips, pain which is boring, fixed and stabbing in character, abdominal masses that do not move, purple nails, bleeding with dark blood and dark clots Ⓣ Purple Ⓟ String-taut, hesitant	ORGAN	SIGNS AND SYMPTOMS										
		LV	purple nails, a dark face, painful periods with dark menstrual blood with dark clots, abdominal pain, premenstrual pain Ⓣ purple tongue especially on the sides, Ⓟ wiry or firm pulse										
		HT	Purple lips, a stabbing or prickling pain in the chest, mental restlessness, Ⓣ purple tongue on the sides towards the front, purple and distended veins under the tongue, Ⓟ choppy or knotted pulse										
		LU	Feeling of oppression of the chest, coughing of dark blood Ⓣ purple on the sides towards the front part, purple and distended veins under the tongue										
		ST	Epigastric pain, vomiting of the blood, dark blood in the stools Ⓣ purple in the center										
		LI	Severe abdominal pain, dark blood in the stools										
		UTERUS	Painful periods, premenstrual pain, dark menstrual blood with dark clots, amenorrhea, fixed abdominal masses Ⓣ purple tongue, Ⓟ wiry or firm pulse										
		CAUSE OF BLOOD STASIS											
	<table border="1"> <tr><td>Qi stagnation</td><td>fails to move ❑</td></tr> <tr><td>Qi deficiency</td><td>fails to move ❑</td></tr> <tr><td>Blood Heat</td><td>condenses Blood ❑</td></tr> <tr><td>Blood deficiency</td><td>does not move ❑</td></tr> <tr><td>Interior Cold</td><td>congeals Blood ❑</td></tr> </table>	Qi stagnation	fails to move ❑	Qi deficiency	fails to move ❑	Blood Heat	condenses Blood ❑	Blood deficiency	does not move ❑	Interior Cold	congeals Blood ❑	BLOOD STASIS	
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BLOOD HEAT	Feeling of heat, skin dz. with red eruptions, dry mouth, bleeding Ⓣ Red Ⓟ Rapid	ORGAN	SIGNS AND SYMPTOMS										
		HT	Anxiety, mental restlessness and mouth ulcers										
		LV	Skin disease characterized by itching, heat and redness										
		UTERUS	Excessive blood loss during the periods										
		LI	Blood in the stools										
BLOOD LOSS	Epistaxis, hematemesis, hemoptysis, melaena, menorrhagia, metrorrhagia, hematuria	CAUSE		COLOR	QUANTITY								
		EXCESS	Blood Heat	Fresh red or dark	Heavy loss								
			Blood stasis	Very dark with clots	Scanty loss								
		DEFICIENCY	Qi deficiency	Pale	Heavy loss, prolonged								
Yin deficiency	Bright-red		Scanty										