

## INTERNAL DISEASES 内科(내과)

## I. EMERGENCY DZ. &amp; SYNDROMES CAUSED BY PATHOGENS 急病,外感病

## 1. WIND-STROKE

## (1) ATTACK ON THE ZANG FU

- ① **Tense syndrome:** DU20, DU26, ST40, LV3, KD1, 12 Jing-well on both hands
  - **Clenched Jaws:** ST7, ST6, LI4
  - **Aphasia and stiffness of tongue:** DU15, RN23, HT5
- ② **Flaccid syndrome:** RN8, RN6 (indirect moxa with salt), RN4

## (2) ATTACK ON THE MERIDIANS &amp; COLLATERALS: DU20, UB7, DU16

- **Upper limbs:** LI15, LI11, SJ5, LI4
- **Lower limbs:** GB30, GB34, ST36, ST41
- **LV Yang rising:** ↓GB20, ↓LV3, ↑KD3, ↑SP6
- **HT Fire:** ↓PC7, ↓LV2, ↑KD3
- **Deviated mouth:** ST4, ST6
- **PREVENTION:** moxa at ST36, GB39

## 2. SYNCOPE: DU26

- (1) **Deficiency:** DU20, PC6, RN6, ST36
- (2) **EXCESS:** LI4, LV3, PC9, PC8, KD1

## 3. SUNSTROKE: UB40

- (1) **MILD:** DU14, PC6, LI11
- (2) **SEVERE:** DU26, DU20, Shixuan, PC3

## 4. COMMON COLD: LI4

- (1) **WIND-COLD:** DU16, UB12, GB20, LU7
- (2) **WIND-HEAT:** DU14, LI11, SJ5, LU10, LU11
- **PREVENTION:** moxa at UB12, ST36

## 5. MALARIA: DU14, DU13, SI3, PC5, SJ2, GB41

- **High fever:** ↓LI11
- **With splenomegaly:** LV13, moxa at Pigen
- **High fever with delirium & mental confusion:** prick the 12 Jing-well on hands

## II. ZANG-FU SYNDROMES 臟腑病

## 1. COUGH: UB13

## (1) EXOGENOUS PATHOGENIC INVASION

- ① **Wind-Cold:** LU7, LI4
- ② **Wind-Heat**
  - **Pain and swelling of throat:** LU11
  - **Fever and aversion to cold:** DU14, SJ5

## (2) INTERNAL INJURY

- ① **Phlegm in the LU:** RN12, LU5, ST36, ST40
- ② **LU dryness due to Yin deficiency:** LU1, LU7, KD6
  - **Coughing blood:** LU6, UB17

- **CUPPING:** UB12 & UB13, Cutaneous needle on Du & UB meridian

## 2. ASTHMA: UB13

## (1) EXCESS

- ① **Wind-Cold:** UB12, DU14, LU7, LI4
- ② **Phlegm-Heat:** Dingchuan, RN22, LU5, ST40

## (2) DEFICIENCY

- ① **LU deficiency:** LU9, ST36, SP3
- ② **KD deficiency:** KD3, UB23, RN17, RN6

## 3. EPIGASTRIC PAIN: RN12, PC6, ST36

- (1) **FOOD RETENTION:** Inner-Neiting
- (2) **LV OVERACT ST:** LV14, LV3
- (3) **ST DEFICIENCY WITH COLD STAGNATION:** RN6, UB20, SP4

## 4. VOMITING: RN12, ST36, PC6, SP4

- (1) **FOOD RETENTION:** RN10
- (2) **LV OVERACT ST:** LV3
- (3) **SP/ST DEFICIENCY:** UB20
- **PERSISTENT VOMITING:** bleeding Jinjin, Yuye

## 5. HICCUP: UB17, RN12, PC6, ST36

- (1) **FOOD RETENTION:** RN14, Inner-Neiting (Plantar side, opposite ST44)
- (2) **LV QI STAGNATION:** RN17, LV3
- (3) **ST Cold:** RN13
- **CUPPING:** UB17, UB46, UB18, RN12, ST18