

## 208 FORMULA LIST 83 CALE + 160 NCCAOM + 172 PAN-CANADIAN

	FORMULA	C	N	P	INDICATIONS
[1]	1 MA HUANG TANG		●	■	Exterior Wind-Cold of excess type
	2 GUI ZHI TANG	▲	●	■	Exterior Wind-Cold of deficiency type
	3 GE GEN TANG		●		Exterior Wind-Cold of excess type with stiff neck
	4 XIAO QING LONG TANG		●	■	Exterior Wind-Cold with congested Phlegm-Fluid in the LU
	5 XIANG SU SAN		●		Exterior Wind-Cold with interior Qi stagnation
	6 JIU WEI QIANG HUO TANG			■	Exterior Wind-Cold-Damp with concurrent internal accumulation of Heat
	7 SANG JU YIN	▲	●	■	Exterior Wind-Heat causing cough; Wind-Heat causing eye disorders
	8 YIN QIAO SAN	▲	●	■	Exterior Wind-Heat with Heat-Toxin; Toxic-Heat causing Boils and Sores
	9 CHAI GE JIE JI TANG	▲	●		Exterior Wind-Cold (Taiyang) transforming into interior Heat (Yangming)
	10 SHENG MA GE GEN TANG		●		Early stage of rashes due to externally contracted Heat
	11 REN SHEN BAI DU SAN	▲	●	■	Exterior Wind-Cold-Damp with interior Qi deficiency
	12 JIA JIAN WEI RUI TANG		●		Exterior Wind-Heat with Yin deficiency
[2]	13 DA CHENG QI TANG	▲	●	■	Yangming organ syndrome causing severe constipation
	14 XIAO CHENG QI TANG	▲	●	■	Moderate Yangming organ syndrome causing constipation
	15 TIAO WEI CHENG QI TANG	▲	●	■	Mild Yangming organ syndrome causing mild constipation
	16 DA HUANG FU ZI TANG			■	Cold accumulation in the interior causing constipation
	17 WEN PI TANG			■	Cold accumulation in the interior with SP Yang deficiency
	18 RUN CHANG WAN	▲	●		Constipation due to Blood deficiency → Desiccated Intestines
	19 MA ZI REN WAN	▲	●	■	Constipation due to Intestinal Dryness & Heat → Spleen Bind
	20 JI CHUAN JIAN		●	■	Constipation due to KD Yang deficiency
[3]	21 XIAO CHAI HU TANG	▲	●	■	Shaoyang syndrome
	22 HAO QIN QING DAN TANG			■	Damp-Heat and Phlegm in Shaoyang channels constraining the Wei/Ying Qi
	23 SI NI SAN	▲	●	■	LV Qi stagnation overacting on the SP causing cold extremities (Yang Jue)
	24 XIAO YAO SAN	▲	●	■	LV Qi stagnation with LV Blood & SP Qi deficiency
	25 TONG XIE YAO FANG		●	■	LV Qi stagnation overacting on the SP causing diarrhea with abdominal pain
	26 BAN XIA XIE XIN TANG	▲	●	■	Pi syndrome due to Cold-Heat complex
	27 GAN CAO XIE XIN TANG		●		Pi syndrome due to severe ST Qi deficiency
	28 SHENG JIANG XIE XIN TANG		●		Pi syndrome due to Water-Heat complex
[4]	29 BAI HU TANG	▲	●	■	Excess Heat in the Yangming channel or Qi level
	30 ZHU YE SHI GAO TANG		●	■	Qi-level Heat injuring the Qi & Fluid
	31 QING YING TANG		●	■	Heat entering the Nutritive level
	32 XI JIAO DI HUANG TANG		●	■	Heat entering the Blood level
	33 HUANG LIAN JIE DU TANG	▲	●	■	Fire-Toxin from excessive Heat in the Triple burners
	34 XIE XIN TANG	▲	●		Excess Heat in the Triple burners
	35 PU JI XIAO DU YIN		●	■	Epidemic Toxin with Wind-Heat & Damp-Phlegm
	36 LIANG GE SAN		●	■	Heat and clumping in the diaphragm region
	37 QING WEN BAI DU YIN		●	■	Severe Fire in the Qi/Blood levels
	38 MA XING SHI GAN TANG		●	■	Heat lodged in the LU
	39 XIE BAI SAN		●	■	Constrained LU Heat causing wheezing
	40 TING LI DA ZAO XIE FEI TANG			■	LU abscess with phlegm in the chest
	41 XIE HUANG SAN		●		Smoldering Fire in the SP/ST
	42 QING WEI SAN	▲	●	■	ST Heat accumulation
	43 YU NU JIAN		●	■	ST Heat with Yin deficiency
	44 DAO CHI SAN	▲	●	■	HT Fire transferring to the SI
	45 LONG DAN XIE GAN TANG	▲	●	■	LV Fire blazing up; LV/GB Damp-Heat invading downward
	46 ZUO JIN WAN		●	■	LV Fire burning ST causing LV & ST disharmony
	47 SHAO YAO TANG		●	■	LI Damp-Heat with Qi & Blood stagnation causing dysentery
	48 BAI TOU WENG TANG	▲	●	■	Dysentery due to Toxic-Heat in the ST & Intestine
49 QING HAO BIE JIA TANG	▲	●	■	Yin deficiency with Heat in the Ying level during later stage of febrile disease	
50 QING GU SAN		●	■	KD/LV Yin deficiency leading to Steaming Bone disorder	
51 QIN JIAO BIE JIA SAN			■	Pathogenic Wind penetrating the interior with preexisting Yin deficiency	
52 DANG GUI LIU HUANG TANG	▲	●	■	Yin deficiency with Empty-Heat causing night sweats	
53 QING LUO YIN			■	Mild Summer-Heat injuring the Qi level of the LU channel	
54 XIANG RU SAN		●		Exterior Cold with Interior Damp contracted in the summer	
55 XIN JIA XIANG RU SAN			■	Severe Summer-Heat in the LU Taiyin with contraction of cold in the exterior	
56 LIU YI SAN		●	■	Summer-Heat with interior Damp	
57 QING SHU YI QI TANG			■	Summer-Heat injuring the Qi and Fluids	
[5]	58 DANG GUI SI NI TANG			■	Cold in the channels with underlying Blood deficiency
	59 HUANG QI GUI ZHI WU WU TANG			■	Painful obstruction of the Blood
	60 LI ZHONG WAN	▲	●	■	Deficiency-Cold of the SP/ST
	61 WU ZHU YU TANG	▲	●	■	Deficiency-Cold of the ST (Yangming), LV (Jueyin), and KD (Shaoyin)
	62 XIAO JIAN ZHONG TANG	▲	●	■	SP Yang deficiency with Cold causing abdominal pain
	63 DA JIAN ZHONG TANG	▲	●	■	Middle Burner Yang deficiency (root) + Vigorous Yin-cold (manifestation)
	64 SI NI TANG	▲	●	■	KD Yang deficiency with Cold-Evil in Shaoyin stage (Yin Jue); Yang collapse
	65 HUI YANG JIU JI TANG			■	Exhausted Yang with pathogenic Cold in Taiyin, Shaoyin, and Jueyin
[6]	66 DA CHAI HU TANG		●	■	Concurrent Shaoyang with Yangming syndromes
	67 FANG FENG TONG SHENG SAN			■	Heat excess in both the exterior and interior
	68 GE GEN HUANG LIAN HUANG QIN T.		●	■	Incompletely resolved exterior with interior excess Heat
	69 WU JI SAN			■	Externally-contracted Wind-Cold with Internal injury due to Cold

	70	SI JUN ZI TANG	▲	●	■	SP/ST Qi deficiency
	71	SHEN LING BAI ZHU SAN	▲	●	■	SP Qi deficiency & Damp causing diarrhea
	72	BU ZHONG YI QI TANG	▲	●	■	SP/ST Qi deficiency causing intermittent fever; SP Qi sinking
	73	YU PING FENG SAN	▲	●	■	Wei Qi deficiency causing sweating
	74	SHENG MAI SAN	▲	●	■	Concurrent Qi & Yin deficiency, primarily of the LU
	75	SI WU TANG	▲	●	■	Blood deficiency + Blood stasis
	76	DANG GUI BU XUE TANG	▲	●	■	Blood & Qi deficiency with floating Yang
	77	SHAO YAO GAN CAO TANG		●		Blood deficiency with injury to the Fluids
	78	BA ZHEN TANG	▲	●	■	Qi & Blood deficiency
	79	SHI QUAN DA BU TANG	▲	●	■	Qi & Blood deficiency with mild Deficiency-Cold
	80	REN SHEN YANG RONG TANG			■	HT/SP Qi & Blood deficiency with internal Heat and Dryness
	81	GUI PI TANG	▲	●	■	SP Qi & HT Blood deficiency causing insomnia; SP Qi Not Controlling Blood
	82	ZHI GAN CAO TANG		●	■	Qi & Blood deficiency causing irregular pulse
	83	TAI SHAN PAN SHI SAN		●		Qi & Blood deficiency with unsecured Chong & Ren vessels
[7]	84	LIU WEI DI HUANG WAN	▲	●	■	KD & LV Yin deficiency
	85	DU QI WAN		●		Chronic wheezing disorders or spermatorrhea from KD deficiency
	86	QI JU DI HUANG WAN		●		Eye disorders due to LV & KD Yin deficiency
	87	ZHI BAI DI HUANG WAN		●		Empty-Heat due to KD & LV Yin deficiency
	88	ZUO GUI WAN	▲	●	■	KD Yin/Essence deficiency for severe case (more potent)
	89	ZUO GUI YIN		●		KD Yin/Essence deficiency for moderate case (less potent)
	90	DA BU YIN WAN		●	■	Severe KD & LV Yin/Essence deficiency with Empty Heat
	91	YI GUAN JIAN		●	■	LV & KD Yin deficiency with mild LV Qi stagnation
	92	ER ZHI WAN		●		KD & LV Yin deficiency
	93	BAI HE GU JIN TANG	▲	●	■	Internal Dryness of the LU
	94	JIN GUI SHEN QI WAN	▲	●	■	KD Yang deficiency
	95	JI SHENG SHEN QI WAN			■	KD Yang deficiency with water accumulation
	96	YOU GUI WAN	▲	●	■	KD Yang/Essence deficiency for severe case (more potent)
	97	YOU GUI YIN		●		KD Yang/Essence deficiency for moderate case (less potent)
	98	DI HUANG YIN ZI			■	KD Yin/Yang deficiency with Phlegm turbidity blocking the Orifices
	99	ER XIAN TANG		●		KD Yin/Yang deficiency with Empty-Fire
[8]	100	MU LI SAN		●	■	Unstable protective Qi with injury to the HT Yin
	101	ZHEN REN YANG ZANG TANG		●	■	SP & KD Yang deficiency causing unremitting diarrhea
	102	SI SHEN WAN	▲	●	■	SP & KD Yang deficiency causing daybreak diarrhea
	103	JIN SUO GU JING WAN	▲	●	■	Spermatorrhea due to KD deficiency
	104	SANG PIAO XIAO SAN		●	■	Qi deficiency of the KD & HT
	105	SHOU TAI WAN		●		KD deficiency leading to instability of the Chong & Ren channels
	106	GU JING WAN	▲	●		Constrained LV Fire injuring Chong & Ren causing <i>Beng Lou</i> syndrome
	107	WAN DAI TANG	▲	●		Leukorrhea due to Dai/SP deficiency with Damp & Qi stagnation
[9]	108	TIAN WANG BU XIN DAN		●	■	HT & KD Yin deficiency with Empty-Fire
	109	BAI ZI YANG XIN TANG			■	HT & KD Yin deficiency with Blood deficiency
	110	SUAN ZAO REN TANG	▲	●	■	LV Blood & HT Yin deficiency with Empty-Heat
	111	HUANG LIAN E JIAO TANG	▲	●		Fire from Yin deficiency affecting Spirit
	112	GAN MAI DA ZAO TANG	▲	●	■	HT Yin deficiency with LV Qi stagnation causing <i>Zang Zao</i> disorder
	113	ZHU SHA AN SHEN WAN			■	Vigorous HT Fire injuring the Blood and Yin
	114	CI ZHU WAN			■	Ascendant HT Yang with lack of communication between the HT & KD
[10]	115	YUE JU WAN	▲	●	■	Six Stagnations of Qi, Blood, Phlegm, Damp, Fire and Food
	116	CHAI HU SHU GAN SAN		●		LV Qi stagnation causing pain
	117	ZHI SHI XIE BAI GUI ZHI TANG			■	Painful obstruction of the chest with severe clumping of Qi
	118	BAN XIA HOU PO TANG	▲	●	■	LV Qi & Phlegm stagnation lodging in the throat causing Plum-pit syndrome
	119	HOU PO WEN ZHONG TANG			■	Damp-Cold injuring the SP & ST
	120	LIANG FU WAN		●		LV Qi stagnation with ST Cold causing pain
	121	JIN LING ZI SAN		●		Pain due to LV stagnation with Heat
	122	TIAN TAI WU YAO SAN		●	■	Cold invading the LV channel causing Qi stagnation
	123	NUAN GAN JIAN		●		Cold from LV & KD deficiency
	124	SU ZI JIANG QI TANG	▲	●	■	LU Cold-Phlegm (excess above) with KD Yang deficiency (deficiency below)
	125	DING CHUAN TANG		●	■	Internal LU Phlegm-heat with external Wind-Cold causing rebellious LU Qi
	126	XUAN FU DAI ZHE TANG		●	■	Rebellious ST Qi due to ST deficiency with Damp-Phlegm
	127	JU PI ZHU RU TANG	▲	●	■	Rebellious ST Qi due to ST deficiency with Heat
	128	DING XIANG SHI DI TANG		●	■	Rebellious ST Qi due to ST Deficiency-Cold
[11]	129	TAO HE CHENG QI TANG	▲	●	■	Accumulation of Blood stasis & Heat in the Lower burner
	130	XUE FU ZHU YU TANG	▲	●	■	Blood stasis with Qi stagnation in the chest
	131	GE XIA ZHU YU TANG		●		Blood stasis with Qi stagnation in the Epigastrium
	132	SHAO FU ZHU YU TANG		●		Blood stasis with Cold stagnation in the Lower Abdomen
	133	SHEN TONG ZHU YU TANG		●		Blood stasis with Qi stagnation in the Channels/Collaterals
	134	BU YANG HUAN WU TANG		●	■	Hemiplegia due to Qi/Blood stagnation in the channels with Qi deficiency
	135	FU YUAN HUO XUE TANG		●	■	Blood stasis & Qi stagnation in the trunk due to trauma
	136	WEN JING TANG	▲	●		Chong & Ren Deficiency-Cold with Blood stasis causing irregular menstruation
	137	SHENG HUA TANG	▲	●	■	Blood & Cold stagnation causing postpartum lochial retention
	138	GUI ZHI FU LING WAN	▲	●	■	Blood stasis in the uterus during pregnancy
	139	SHI XIAO SAN		●	■	Blood stasis in the lower abdomen causing pain
	140	DAN SHEN YIN	▲	●		Blood & Qi stagnation in the Upper/Middle burners causing chest pain
	141	BIE JIA JIAN WAN			■	Malaria with splenomegaly due to Qi/Yang def., Qi/Blood stag., Damp-Phlegm

	142	SHI HUI SAN		●	■	Acute bleeding due to LV & ST Fire with Blood Heat
	143	KE XUE FANG			■	LV Fire attacking and scorching the LU
	144	XIAO JI YIN ZI		●	■	Heat causing urinary bleeding
	145	HUAI HUA SAN	▲	●	■	Rectal bleeding due to LI Wind-Heat or Damp-Heat Toxin
	146	HUANG TU TANG			■	Bleeding due to SP Yang deficiency
	147	JIAO AI TANG	▲	●		Uterine bleeding due to Chong & Ren Deficiency-Cold with Blood deficiency
[12]	148	CHUAN XIONG CHA TIAO SAN		●	■	Headache from exterior Wind
	149	CANG ER ZI SAN		●	■	Wind causing nasal congestion or discharge
	150	XIAO HUO LUO DAN	▲	●	■	Wind-Phlegm obstruction with Blood stasis in the channels & collaterals
	151	QIAN ZHENG SAN			■	Channel-stroke from Wind-Phlegm with symptoms confined to the head/face
	152	XIAO FENG SAN	▲	●	■	Wind-Damp-Heat in the skin causing pruritis
	153	LING JIAO GOU TENG TANG		●	■	Heat from excess in the LV channel generating internal Wind
	154	ZHEN GAN XI FENG TANG	▲	●	■	LV Yang rising & internal Wind due to LV & KD Yin deficiency
	155	TIAN MA GOU TENG YIN	▲	●	■	LV Yang rising; LV Yang rising causing Internal Wind
	156	DA DING FENG ZHU			■	Internal stirring of Wind due to Yin deficiency
[13]	157	XING SU SAN	▲	●	■	Cool-Dryness
	158	SANG XING TANG		●	■	Warm-Dryness
	159	QING ZAO JIU FEI TANG		●	■	Dryness attacking the LU
	160	MAI MEN DONG TANG	▲	●	■	LU/ST Qi & Yin deficiency
	161	YANG YIN QING FEI TANG			■	Diphtherial disorder due to Yin deficiency and internal clumping of Heat
	162	YU YE TANG			■	<i>Xiao Ke</i> syndrome due to deficiency of the primal Qi
	163	ZENG YE TANG			■	Constipation due to exhaustion of the Fluids
[14]	164	PING WEI SAN	▲	●	■	Damp-Cold stagnation in the SP/ST
	165	HUO XIANG ZHENG QI SAN	▲	●	■	Damp stagnation in the Middle burner + External Wind-Cold
	166	SAN REN TANG			■	Early-stage Damp-Warmth disease affecting Wei/Qi levels (Damp > Heat)
	167	GAN LU XIAO DU DAN			■	Early-stage Damp-Warmth disease affecting Qi level (Damp = Heat)
	168	YIN CHEN HAO TANG		●	■	Jaundice due to LV/GB Damp-Heat
	169	BA ZHENG SAN	▲	●	■	Damp-Heat clumping in the Lower burner
	170	ER MIAO SAN		●	■	Damp-Heat lodging in Lower burner
	171	WU LING SAN	▲	●	■	Water-Damp retention marked by edema; Taiyang Fu syndrome
	172	ZHU LING TANG	▲	●	■	Water & Heat retention in the UB with Yin injury
	173	WU PI SAN	▲	●	■	SP Qi deficiency with excessive Damp causing skin edema ( <i>Pi Shui</i> )
	174	FANG JI HUANG QI TANG			■	Wind-Water syndrome due to Qi deficiency at the exterior
	175	LING GUI ZHU GAN TANG		●	■	LU Damp-Phlegm or Phlegm-fluid ( <i>Tan Yin</i> ) syndrome
	176	ZHEN WU TANG	▲	●	■	KD & SP Yang deficiency causing Water retention
	177	SHI PI YIN		●	■	Yin edema due to SP & KD Yang deficiency
178	BI XIE FEN QING YIN		●	■	Cloudy urination due to KD Yang Deficiency-Cold	
179	QIANG HUO SHENG SHI TANG		●	■	Acute <i>Bi</i> syndrome due to Wind-Damp in the channel and muscle layer	
180	JUAN BI TANG	▲	●	■	Acute <i>Bi</i> syndrome due to Wind-Cold-Damp	
181	DU HUO JI SHENG TANG		●	■	Chronic <i>Bi</i> syndrome with LV/KD deficiency & Qi/Blood deficiency	
182	GUI ZHI SHAO YAO ZHI MU TANG		●		Recurrent painful obstruction with localized Heat	
[15]	183	ER CHEN TANG	▲	●	■	Damp-Phlegm syndrome in the Middle burner or LU
	184	WEN DAN TANG	▲	●	■	GB & ST disharmony with Phlegm-Heat
	185	QING QI HUA TAN WAN	▲	●	■	LU Phlegm-Heat causing cough
	186	XIAO XIAN XIONG TANG			■	Clumping in the chest due to Phlegm and Heat in the epigastrium
	187	GUN TAN WAN			■	Combination of excessive Heat and chronic phlegm
	188	BEI MU GUA LOU SAN	▲	●	■	LU Dry-Phlegm causing cough
	189	LING GAN WU WEI JIANG XIN TANG			■	Cold-type thin mucus due to Yang deficiency and Yin excess
	190	SAN ZI YANG QIN TANG		●	■	LU Phlegm-Cold with Qi stagnation
	191	BAN XIA BAI ZHU TIAN MA TANG	▲	●	■	Internal Wind-Phlegm rising upward causing dizziness/vertigo
	192	DING XIAN WAN			■	Seizure disorder arising from a combination of Wind and Phlegm
	193	ZHI SOU SAN	▲	●	■	External Wind attacking the LU causing cough
[16]	194	BAO HE WAN	▲	●	■	Food retention in the Middle burner
	195	ZHI SHI DAO ZHI WAN			■	Accumulation of food that transforms into Damp-Heat
	196	MU XIANG BING LANG WAN			■	Accumulation of food obstructing the Middle burner or dysenteric diarrhea
	197	FEI ER WAN			■	Childhood nutritional impairment from an accumulation of parasites
	198	JIAN PI WAN			■	SP/ST deficiency with food accumulation and interior Heat accumulation
	199	ZHI ZHU WAN			■	SP/ST deficiency with food stagnation
	200	ZHI SHI XIAO PI WAN			■	SP deficiency and Qi stagnation with mutual clumping of Heat and Cold
[17]	201	WU MEI WAN			■	Roundworms characterized by Heat in the ST and Cold in the Intestines
[18]	202	XIAN FANG HUO MING YIN			■	Early onset of sores and abscesses from Toxic-Heat & Blood stasis
	203	WU WEI XIAO DU YIN		●	■	All types of boils and carbuncles due to accumulation of Toxic-Heat
	204	SI MIAO YONG AN TANG			■	Ulcerated sores or gangrene due to Toxic-Heat leading to Blood stasis
	205	YANG HE TANG		●	■	Yin-type (deep-rooted) localized swelling due to Blood & Yang deficiency
	206	WEI JING TANG		●	■	Lung abscesses from Toxic-Heat accompanied by Phlegm and Blood stasis
	207	DA HUANG MU DAN TANG			■	Early-stage Intestinal abscess due to interior clumping of Heat and Blood
	208	YI YI FU ZI BAI JIANG SAN			■	Intestinal abscess where pus has already formed