

PAN-CANADIAN HERB LIST (302 HERBS)

PINYIN	CN/KR	LATIN	ENGLISH	CATEGORY
A				
AI YE	艾葉(애엽)	Artemisiae Argyi Folium	mugwort leaf	Stop bleeding
B				
BA JI TIAN	巴戟天(파극천)	Morindae Officinalis Radix	morinda root	Yang Tonics
BAI BIAN DOU	白扁豆(백편두)	Lablab Semen Album	hyacinth bean	Qi Tonics
BAI BU	百部(백부)	Stemona Radix	stemona root	Stop Cough & Wheezing
BAI DOU KOU	白豆蔻(백두구)	Amomi Fructus Rotundus	round cardamon	Aromatics for Damp
BAI FU ZI	白附子(백부자)	Typhonii Rhizoma	typhonium rhizome	Dissolve Cold-Phlegm
BAI GUO	白果(백과)	Ginkgo Semen	ginkgo nut	Astringents
BAI HE	百合(백합)	Lilii Bulbus	lily bulb	Yin Tonics
BAI HUA SHE SHE CAO	白花蛇舌草(백화사설초)	Hedyotis diffusae Herba	heydyotis, oldenlandia	Clear Toxic-Heat
BAI JI	白芨(백급)	Bletillae Rhizoma	bletilla rhizome	Stop bleeding
BAI JI LI (C J L)	白蒺藜(백질러)	Tribuli Fructus	puncture-vine caltrop fruit	Extinguish Liver Wind
BAI JIANG CAO	敗醬草(백장초)	Patriniae Herba	patrinia	Clear Toxic-Heat
BAI JIE ZI	白芥子(백개자)	Sinapis Semen	white mustard seed	Dissolve Cold-Phlegm
BAI MAO GEN	白茅根(백모근)	Imperatae Rhizoma	alang grass rhizome	Stop bleeding
BAI QIAN	白前(백전)	Cynanchi Stauntonii Rhizoma	swallow wort rhizome	Dissolve Cold-Phlegm
BAI SHAO	白芍(백작)	Paeoniae Radix Alba	white peony root	Blood Tonics
BAI TOU WENG	白頭翁(백두웅)	Pulsatillae Radix	pulsatilla	Clear Toxic-Heat
BAI WEI	白薇(백미)	Cynanchi Atrati Radix	swallowwort root	Clear Deficiency-Heat
BAI XIAN PI	白鮮皮(백선피)	Dictamni Cortex	dictamnus root bark	Clear Toxic-Heat
BAI ZHI	白芷(백지)	Angelicae Dahuricae Radix	angelica root	Disperse Wind-Cold
BAI ZHU	白朮(백출)	Atractylodis Macrocephalae Rhizoma	white atractylodes	Qi Tonics
BAI ZI REN	柏子仁(백자인)	Platycladi Semen	chinese arborvitae seed	Nourish & Calm Shen
BAN LAN GEN	板藍根(판남근)	Isatidis Radix	isatis root	Clear Toxic-Heat
BAN MAO	斑蝥(반모)	Mylabris	mylabris, cantharides	External Use
BAN XIA	半夏(반하)	Pinelliae Rhizoma	pinellia	Dissolve Cold-Phlegm
BI XIE	萆薢(비해)	Dioscoreae Hypoglaucae Rhizoma	tokoro	Drain Damp
BIAN XU	篇蓄(편축)	Polygoni Avicularis Herba	knotgrass	Drain Damp
BIE JIA	鳖甲(별갑)	Trionycis Carapax	turtle shell (dorsal side)	Yin Tonics
BING LANG	檳榔(빈랑)	Arecae Semen	areaca	Expel Parasites
BING PIAN	冰片(빙편)	Borneolum	borneol	Aromatics for Orifices
BO HE	薄荷(백하)	Menthae Haplocalycis Herba	field mint	Disperse Wind-Heat
BU GU ZHI	補骨脂(보골지)	Psoraleae Fructus	psoralea fruit	Yang Tonics
C				
CAN SHA	蠶砂(잠사)	Bombycis Faeces	silkworm feces	Dispel Wind-Damp
CANG ER ZI	蒼耳子(창이저)	Xanthii Fructus	xanthium fruit	Disperse Wind-Cold
CANG ZHU	蒼朮(창출)	Atractylodis Rhizoma	atractylodes rhizome	Aromatics for Damp
CAO DOU KOU	草豆蔻(초두구)	Alpiniae Katsumadai Semen	katsumada galangal seed	Aromatics for Damp
CAO GUO	草果(초과)	Tsaoko Fructus	tsaoko fruit	Aromatics for Damp
CE BAI YE	側柏葉(측백엽)	Platycladi Cacumen	chinese arborvitae	Stop bleeding
CHAI HU	柴胡(시호)	Bupleuri Radix	hare's ear root	Disperse Wind-Heat
CHAN TUI	蟬蛻(선태)	Cicadae Periostracum	cicada moulting	Disperse Wind-Heat
CHE QIAN ZI	車前子(차전자)	Plantaginis Semen	plantago seed	Drain Damp
CHEN PI (JU PI)	陳皮(진피)	Citri Reticulatae Pericarpium	tangerine peel	Regulate Qi

CHEN XIANG	沈香(침향)	Aquilariae Lignum Resinatum	aquilaria wood	Regulate Qi
CHI SHAO	赤芍(적작)	Paeoniae Radix Rubra	red peony root	Activate Blood
CHI SHI ZHI	赤石脂(적석지)	Halloysitum Rubrum	halloysite	Astringents
CHI XIAO DOU	赤小豆(적소두)	Phaseoli Semen	adzuki bean	Drain Damp
CHUAN BEI MU	川貝母(천배모)	Fritillariae Cirrhosae Bulbus	sichuan fritillaria bulb	Dissolve Hot-Phlegm
CHUAN LIAN ZI	川楝子(천련자)	Toosendan Fructus	sichuan chinaberry	Regulate Qi
CHUAN XIONG	川芎(천궁)	Chuanxiong Rhizoma	cnidium	Activate Blood
CI SHI	磁石(자석)	Magnetitum	magnetite	Anchor & Calm Shen
D				
DA FU PI	大腹皮(대복피)	Arecae Pericarpium	areca husk	Regulate Qi
DA HUANG	大黃(대황)	Rhei Radix et Rhizoma	rhubarb root	Purgatives
DA JI	大戟(대극)	Euphorbiae Pekinensis Radix	euphorbia root	Cathartics
DA JI	大薊(대계)	Cirsii Japonici Herba sive Radix	large thistle	Stop bleeding
DA QING YE	大青葉(대청엽)	Isatidis Folium	isatis leaf	Clear Toxic-Heat
DA ZAO	大棗(대조)	Jujubae Fructus	jujube	Qi Tonics
DAI ZHE SHI	代赭石(대자석)	Haematitum	hematite	Extinguish Liver Wind
DAN DOU CHI	淡豆豉(담두시)	Sojae Semen Preparatum	prepared soybean	Disperse Wind-Heat
DAN SHEN	丹參(단삼)	Salviae Miltiorrhizae Radix	salvia root	Activate Blood
DAN ZHU YE	淡竹葉(담죽엽)	Lophatheri Herba	lophatherum	Clear & Purge Heat
DANG GUI	當歸(당귀)	Angelicae Sinensis Radix	chinese angelica root	Blood Tonics
DANG SHEN	黨參(당삼)	Codonopsis Radix	codonopsis	Qi Tonics
DI FU ZI	地膚子(지부자)	Kochiae Fructus	broom cypress fruit	Drain Damp
DI GU PI	地骨皮(지골피)	Lycii Cortex	wolfberry root bark	Clear Deficiency-Heat
DI LONG	地龍(지룡)	Pheretima	earthworm	Extinguish Liver Wind
DI YU	地榆(정유)	Sanguisorbae Radix	garden burnet root	Stop bleeding
DING XIANG	丁香(정향)	Caryophylli Flos	clove	Warm Interior
DONG CHONG XIA CAO	冬蟲夏草(동충하초)	Cordyceps	chinese caterpillar fungus	Yang Tonics
DONG GUA PI	冬瓜皮(동과피)	Benincasae Exocarpium	winter melon rind	Drain Damp
DU HUO	獨活(독활)	Angelicae Pubescentis Radix	pubescent angelica root	Dispel Wind-Damp
DU ZHONG	杜仲(두중)	Eucommiae Cortex	eucommia bark	Yang Tonics
E				
E JIAO	阿膠(아교)	Asini Corii Colla	donkey-hide gelatin	Blood Tonics
E ZHU	莪朮(아술)	Curcumae Rhizoma	curcuma zedoaria	Activate Blood
ER CHA	兒茶(아차)	Catechu	black cutch	External Use
F				
FAN XIE YE	番瀉葉(번사엽)	Sennae Folium	senna leaf	Purgatives
FANG FENG	防風(방풍)	Saposhnikoviae Radix	siler	Disperse Wind-Cold
FEN ^(HAN) FANG JI	漢防己(한방기)	Stephaniae Tetrandrae Radix	stephania root	Drain Damp
FENG MI	蜂蜜(봉밀)	Mel	honey	Qi Tonics
FO SHOU	佛手(불수)	Citri Sarcodactylis Fructus	Buddha's hand	Regulate Qi
FU HAI SHI	浮海石(부해석)	Pumex	pumice	Dissolve Hot-Phlegm
FU LING	茯苓(복령)	Poria	poria	Drain Damp
FU PEN ZI	覆盆子(복분자)	Rubi Fructus	palm-leaf raspberry	Astringents
FU XIAO MAI	浮小麥(부소맥)	Triticum Fructus Levis	light wheat	Astringents
FU ZI	附子(부자)	Aconiti Radix Lateralis Preparata	aconite accessory root	Warm Interior
G				
GAN CAO	甘草(감초)	Glycyrrhizae Radix	licorice root	Qi Tonics

GAN JIANG	乾薑(건강)	Zingiberis Rhizoma	dried ginger	Warm Interior
GAN SUI	甘遂(감수)	Kansui Radix	kan-sui root	Cathartics
GAO BEN	藜蘆(고본)	Ligustici Rhizoma	chinese lovage root	Disperse Wind-Cold
GAO LIANG JIANG	高良薑(고량강)	Alpiniae Officinarum Rhizoma	galanga	Warm Interior
GE GEN	葛根(갈근)	Puerariae Radix	kudzu root	Disperse Wind-Heat
GE JIE	蛤蚧(합개)	Gecko	gecko	Yang Tonics
GOU JI	狗脊(구척)	Cibotii Rhizoma	chain fern	Yang Tonics
GOU QI ZI	枸杞子(구기자)	Lycii Fructus	chinese wolfberry	Blood Tonics
GOU TENG	鉤藤(구등)	Uncariae Ramulus Cum Uncis	gambir	Extinguish Liver Wind
GU SUI BU	骨碎補(골쇄보)	Drynariae Rhizoma	drynaria rhizome	Yang Tonics
GUA LOU	瓜蒌(과루)	Trichosanthis Fructus	trichosanthes fruit	Dissolve Hot-Phlegm
GUANG FANG JI	廣防己(광방기)	Aristolochiae Fangchi Radix	southern fangji root	Obsolete Substances
GUI BAN	龜板(구판)	Testudinis Plastrum	tortise plastron (ventral side)	Yin Tonics
GUI ZHI	桂枝(계지)	Cinnamomi Ramulus	cinnamon twig	Disperse Wind-Cold
H				
HAI GE KE	海蛤殼(해합각)	Meretricis/Cyclinae Concha	clam shell	Dissolve Hot-Phlegm
HAI JIN SHA	海金沙(해금사)	Lygodii Spora	lygodium spore	Drain Damp
HAI PIAO XIAO (WU ZEI GU)	海螵蛸(해표소)	Sepiae Endoconcha	cuttlefish bone	Astringents
HAI ZAO	海藻(해조)	Sargassum	seaweed	Dissolve Hot-Phlegm
HAN LIAN CAO	旱蓮草(한련초)	Ecliptae Herba	eclipta	Yin Tonics
HE HUAN PI	合歡皮(합환피)	Albiziae Cortex	silktree bark	Nourish & Calm Shen
HE SHOU WU	何首烏(하수오)	Polygoni Multiflori Radix	fleeceflower root	Blood Tonics
HE ZI	訶子(가자)	Chebulae Fructus	myrobalan fruit	Astringents
HEI ZHI MA	黑芝麻(흑지마)	Sesami Semen Nigrum	black sesame seed	Yin Tonics
HONG HUA	紅花(홍화)	Carthami Flos	safflower	Activate Blood
HONG TENG	紅藤(홍등)	Sargentodoxae Caulis	sargentodoxa vine	Clear Toxic-Heat
HOU PO	厚朴(후박)	Magnoliae Officinalis Cortex	magnolia bark	Aromatics for Damp
HU HUANG LIAN	胡黃蓮(호황련)	Picrorhizae Rhizoma	picrorhiza rhizoma	Clear Deficiency-Heat
HU JIAO	胡椒(호초)	Piperis Fructus	pepper	Warm Interior
HU PO	琥珀(호박)	Succinum	amber	Anchor & Calm Shen
HU TAO REN	胡桃仁(호도인)	Juglandis Semen	walnut	Yang Tonics
HUA JIAO	花椒(화초)	Zanthoxyli Pericarpium	prickly-ash peel	Warm Interior
HUA SHI	滑石(활석)	Talcum	talc	Drain Damp
HUAI HUA	槐花(괴화)	Sophorae Flos Immaturus	pagoda tree bud	Stop bleeding
HUANG BAI	黃柏(황백)	Phellodendri Cortex	amur cork-tree bark	Clear Damp-Heat
HUANG JING	黃精(황정)	Polygonati Rhizoma	siberian solomon's seal	Qi Tonics
HUANG LIAN	黃連(황련)	Coptidis Rhizoma	coptis root	Clear Damp-Heat
HUANG QI	黃芪(황기)	Astragali Radix	milkvetch root	Qi Tonics
HUANG QIN	黃芩(황금)	Scutellariae Radix	scute	Clear Damp-Heat
HUO MA REN	火麻仁(화마인)	Cannabis Semen	hemp seeds	Laxatives
HUO XIANG	藿香(곽향)	Pogostemonis Herba	patchouli	Aromatics for Damp
J				
JI NEI JIN	雞內金(계내금)	Gigeriae Galli Endothelium Corneum	chicken gizzard	Digestives
JI XUE TENG	雞血藤(계혈등)	Spatholobi Caulis	spatholobus root and vine	Activate Blood
JIANG CAN	僵蠶(강잠)	Bombyx Batryticatus	silkworm	Extinguish Liver Wind
JIANG HUANG	薑黃(강황)	Curcumae Longae Rhizoma	turmeric	Activate Blood
JIANG XIANG	降香(강향)	Dalbergiae Odoriferae Lignum	scented rosewood	Activate Blood

JIE GENG	桔梗(길경)	Platycodi Radix	balloon flower root	Dissolve Cold-Phlegm
JIN QIAN CAO	金錢草(금전초)	Lysimachiae Herba	lysimachia	Drain Damp
JIN YIN HUA	金銀花(금은화)	Lonicerae Flos	honeysuckle flower	Clear Toxic-Heat
JIN YING ZI	金櫻子(금영자)	Rosae Laevigatae Fructus	cherokee rosehip	Astringents
JING JIE	荊芥(형개)	Schizonepetae Herba	schizonepeta	Disperse Wind-Cold
JU HUA	菊花(국화)	Chrysanthemi Flos	chrysanthemum flower	Disperse Wind-Heat
JUE MING ZI	決明子(결명자)	Cassiae Semen	cassia seed	Clear & Purge Heat
K				
KU LIAN PI	苦楝皮(고련피)	Meliae Cortex	melia bark or root bark	Expel Parasites
KU SHEN	苦參(고삼)	Sophorae Flavescentis Radix	sophora root	Clear Damp-Heat
KUAN DONG HUA	款冬花(관동화)	Farfarae Flos	tussilago flower	Stop Cough & Wheezing
KUN BU	昆布(곤포)	Eckloniae Thallus	kelp	Dissolve Hot-Phlegm
L				
LAI FU ZI	萊菔子(내복자)	Raphani Semen	radish seed	Digestives
LI ZHI HE	荔枝核(여지핵)	Litchi Semen	leechee nut	Regulate Qi
LIAN QIAO	連翹(연교)	Forsythiae Fructus	forsythia fruit	Clear Toxic-Heat
LIAN ZI	蓮子(연자)	Nelumbinis Semen	lotus seed	Astringents
LIU HUANG	硫磺(유황)	Sulfur	sulfur	External Use
LIU JI NU	劉寄奴(유기노)	Artemisiae Anomalaе Herba	anomalous artemesia	Activate Blood
LONG DAN CAO	龍膽草(용담초)	Gentianae Radix	gentiana	Clear Damp-Heat
LONG GU	龍骨(용골)	Fossilia Ossis Mastodi	fossilized animal bones	Anchor & Calm Shen
LONG YAN ROU	龍眼肉(용안육)	Longan Arillus	longan fruit	Blood Tonics
LU FENG FANG	露蜂房(노봉방)	Vespae Nidus	wasp nest	External Use
LU GAN SHI	爐甘石(노감석)	Calamina	smithsonite	External Use
LU GEN	蘆根(노근)	Phragmitis Rhizoma	reed rhizome	Clear & Purge Heat
LU HUI	蘆薈(노회)	Aloe	aloe	Purgatives
LU RONG	鹿茸(녹용)	Cervi Cornu Pantotrichum	hairy deer horn	Yang Tonics
M				
MA DOU LING	馬兜鈴(마두령)	Aristolochiae Fructus	birthwort fruit	Obsolete Substances
MA HUANG	麻黃(마황)	Ephedrae Herba	ephedra stem	Disperse Wind-Cold
MA HUANG GEN	麻黃根(마황근)	Ephedrae Radix	ephedra root	Astringents
MA QIAN ZI	馬錢子(마전자)	Strychni Semen	nux-vomica seeds	Obsolete Substances
MAI MEN DONG	麥門冬(맥문동)	Ophiopogonis Radix	ophiopogon tuber	Yin Tonics
MAI YA	麥芽(맥아)	Hordei Fructus Germinatus	barley sprout	Digestives
MAN JING ZI	蔓荊子(만형자)	Vitidis Fructus	vitex fruit	Disperse Wind-Heat
MANG XIAO	芒硝(망초)	Natrii Sulfas	mirabilite	Purgatives
MENG CHONG	虻蟲(맹충)	Tabanus	horse fly	Activate Blood
MING FAN	明礬(명반)	Alumen	alum	External Use
MO YAO	沒藥(몰약)	Myrrha	myrrh	Activate Blood
MU DAN PI	牡丹皮(목단피)	Moutan Cortex	tree peony bark	Clear Blood-Heat
MU GUA	木瓜(목과)	Chaenomelis Fructus	chinese quince fruit	Dispel Wind-Damp
MU LI	牡蠣(모려)	Ostreae Concha	oyster shell	Anchor & Calm Shen
MU TONG	木通(목통)	Akebiae Caulis	akebia caulis	Drain Damp
MU XIANG	木香(목향)	Aucklandiae Radix	saussurea	Regulate Qi
N				
NAN GUA ZI	南瓜子(남과자)	Cucurbitae Moschatae Semen	pumpkin seeds and husks	Expel Parasites
NIU BANG ZI	牛蒡子(우방자)	Arctii Fructus	burdock fruit	Disperse Wind-Heat

NIU XI	牛膝(우슬)	Achyranthis Bidentatae Radix	achyranthes root	Activate Blood
NU ZHEN ZI	女貞子(여정자)	Ligustri Lucidi Fructus	privet fruit	Yin Tonics
O				
OU JIE	藕節(우절)	Nelumbinis Nodus Rhizomatis	lotus rhizome node	Stop bleeding
P				
PEI LAN	佩蘭(매란)	Eupatorii Herba	eupatorium	Aromatics for Damp
PI PA YE	枇杷葉(비파엽)	Eriobotryae Folium	loquat leaf	Stop Cough & Wheezing
PU GONG YING	蒲公英(포공영)	Taraxaci Herba	dandelion	Clear Toxic-Heat
PU HUANG	蒲黃(포황)	Typhae Pollen	cattail pollen	Stop bleeding
Q				
QIAN CAO	茜草(전초)	Rubiae Radix	madder root	Stop bleeding
QIAN HU	前胡(전호)	Peucedani Radix	hog-fennel root	Dissolve Hot-Phlegm
QIAN SHI	芡實(결실)	Euryales Semen	euryale seed	Astringents
QIANG HUO	羌活(강활)	Notopterygii Rhizoma seu Radix	notopterygium root	Disperse Wind-Cold
QIN JIAO	秦艽(진교)	Gentianae Macrophyllae Radix	gentiana macrophylla root	Dispel Wind-Damp
QIN PI	秦皮(진피)	Fraxini Cortex	ash bark	Clear Damp-Heat
QING DAI	靑黛(청대)	Indigo naturalis	indigo	Clear Toxic-Heat
QING HAO	靑蒿(청호)	Artemisiae Annuae Herba	sweet wormwood	Clear Deficiency-Heat
QING PI	靑皮(청피)	Citri Reticulatae Viride Pericarpium	immature tangerine peel	Regulate Qi
QU MAI	瞿麥(구맥)	Dianthi Herba	lilac pink	Drain Damp
QUAN XIE	全蠍(전갈)	Scorpio	scorpion	Extinguish Liver Wind
R				
REN SHEN	人蔘(인삼)	Ginseng Radix	ginseng	Qi Tonics
ROU CONG RONG	肉蓯蓉(육종용)	Cistanches Herba	cistanche	Yang Tonics
ROU DOU KOU	肉豆蔻(육두구)	Myristicae Semen	nutmeg	Astringents
ROU GUI	肉桂(육계)	Cinnamomi Cortex	cinnamon bark	Warm Interior
RU XIANG	乳香(유향)	Olibanum	frankincense	Activate Blood
S				
SAN LENG	三稜(삼릉)	Sparganii Rhizoma	bur-reed rhizome	Activate Blood
SAN QI	三七(삼칠)	Notoginseng Radix	pseudoginseng	Stop bleeding
SANG BAI PI	桑白皮(삼백피)	Mori Cortex	mulberry root bark	Stop Cough & Wheezing
SANG JI SHENG	桑寄生(삼기생)	Taxilli Herba	mulberry mistletoe	Dispel Wind-Damp
SANG PIAO XIAO	桑螵蛸(삼표소)	Mantidis Ootheca	mantis egg-case	Astringents
SANG SHEN	桑椹(삼심)	Mori Fructus	mulberry fruit	Blood Tonics
SANG YE	桑葉(삼엽)	Mori Folium	mulberry leaf	Disperse Wind-Heat
SANG ZHI	桑枝(삼지)	Mori Ramulus	mulberry twig	Dispel Wind-Damp
SHA REN	砂仁(사인)	Amomi Fructus	grains-of-paradise fruit	Aromatics for Damp
SHA SHEN	沙參(사삼)	Glehniae Radix	glehnia root	Yin Tonics
SHA YUAN ZI	沙苑子(사원자)	Astragali Complanati Semen	flat-stem milkvetch seed	Yang Tonics
SHAN YAO	山藥(산약)	Dioscoreae Rhizoma	chinese yam	Qi Tonics
SHAN ZHA	山楂(산사)	Crataegi Fructus	hawthorn fruit	Digestives
SHAN ZHU YU	山茱萸(산수유)	Corni Fructus	asiatic cornelian cherry fruit	Astringents
SHE CHUANG ZI	蛇床子(사상자)	Cnidii Fructus	cnidium fruit	External Use
SHE GAN	射干(사간)	Belamcandae Rhizoma	blackberry lily rhizome	Clear Toxic-Heat
SHEN QU	神麴(신곡)	Massa medicata Fermentata	medicated leaven	Digestives
SHENG DI HUANG	生地黄(생지황)	Rehmanniae Radix	rehmannia root	Clear Blood-Heat
SHENG JIANG	生薑(생강)	Zingiberis Rhizoma Recens	fresh ginger	Disperse Wind-Cold

SHENG MA	升麻(승마)	Cimicifugae Rhizoma	bugbane rhizome	Disperse Wind-Heat
SHI CHANG PU	石菖蒲(석창포)	Acori Tatarinowii Rhizoma	grassleaf sweetflag rhizome	Aromatics for Orifices
SHI DI	柿蒂(시제)	Kaki Calyx	persimmon calyx	Regulate Qi
SHI GAO	石膏(석고)	Gypsum Fibrosum	gypsum	Clear & Purge Heat
SHI HU	石斛(석곡)	Dendrobii Herba	dendrobium	Yin Tonics
SHI JUE MING	石決明(석결명)	Haliotidis Concha	abalone shell	Extinguish Liver Wind
SHI JUN ZI	使君子(사군자)	Quisqualis Fructus	rangoon creeper fruit with seeds	Expel Parasites
SHI LIU PI	石榴皮(석류피)	Granati Pericarpium	pomegranate husk	Astringents
SHI WEI	石葶(석위)	Pyrrosiae Folium	pyrrosia leaf	Drain Damp
SHU DI HUANG	熟地黃(숙지황)	Rehmanniae Radix Preparata	cooked rehmannia	Blood Tonics
SHUI ZHI	水蛭(수질)	Hirudo	leech	Activate Blood
SI GUA LUO	絲瓜絡(사과락)	Luffae Fructus Retinervus	loofah	Clear Toxic-Heat
SU MU	蘇木(소목)	Sappan Lignum	sappan wood	Activate Blood
SUAN ZAO REN	酸棗仁(산조인)	Ziziphi Spinosae Semen	sour jujube seed	Nourish & Calm Shen
SUO YANG	鎖陽(쇄양)	Cynomorii Herba	cynomorium	Yang Tonics
T				
TAI ZI SHEN	太子參(태자삼)	Pseudostellariae Radix	pseudostellaria root	Qi Tonics
TAN XIANG	檀香(단향)	Santali Albi Lignum	sandalwood	Regulate Qi
TAO REN	桃仁(도인)	Persicae Semen	peach kernel	Activate Blood
TIAN HUA FEN	天花粉(천화분)	Trichosanthis Radix	trichosanthes root	Clear & Purge Heat
TIAN MA	天麻(천마)	Gastrodiae Rhizoma	gastrodia rhizome	Extinguish Liver Wind
TIAN MEN DONG	天門冬(천문동)	Asparagi Radix	asparagus tuber	Yin Tonics
TIAN NAN XING	天南星(천남성)	Arisaematis Rhizoma	jack-in-the-pulpit	Dissolve Cold-Phlegm
TING LI ZI	葶藶子(정력자)	Lepidii/Descurainiae Semen	tingli seed	Stop Cough & Wheezing
TONG CAO	通草(통초)	Tetrapanax Medulla	rice paper plant pith	Drain Damp
TU SI ZI	免絲子(토사자)	Cuscutae Semen	dodder seed	Yang Tonics
W				
WA LENG ZI	瓦楞子(와릉자)	Arcae Concha	ark shell	Activate Blood
WANG BU LIU XING	王不留行(왕불유형)	Vaccariae Semen	vaccaria seed	Activate Blood
WEI LING XIAN	威靈仙(위령선)	Clematidis Radix	clematis root	Dispel Wind-Damp
WU BEI ZI	五倍子(오배자)	Galla Chinensis	gallnut of chinese sumac	Astringents
WU GONG	蜈蚣(오공)	Scolopendra	centipede	Extinguish Liver Wind
WU JIA PI	五加皮(오가피)	Acanthopanacis Cortex	acanthopanax root bark	Dispel Wind-Damp
WU LING ZHI	五靈脂(오령지)	Troglodyteri Faeces	flying squirrel feces	Activate Blood
WU MEI	烏梅(오매)	Mume Fructus	mume	Astringents
WU WEI ZI	五味子(오미자)	Schisandrae Fructus	schisandra fruit	Astringents
WU YAO	烏藥(오약)	Linderae Radix	lindera root	Regulate Qi
WU ZHU YU	吳茱萸(오수유)	Evodiae Fructus	evodia fruit	Warm Interior
X				
XI XIN	細辛(세신)	Asari Herba	chinese wild ginger	Disperse Wind-Cold
XI YANG SHEN	西洋參(서양삼)	Panacis Quinquefolii Radix	american ginseng root	Yin Tonics
XIA KU CAO	夏枯草(하고초)	Prunellae Spica	selfheal spike	Clear & Purge Heat
XIAN HE CAO	仙鶴草(선학초)	Agrimoniae Herba	agrimony	Stop bleeding
XIAN MAO	仙茅(선모)	Curculiginis Rhizoma	golden eye-grass	Yang Tonics
XIANG FU	香附(향부)	Cyperi Rhizoma	cyperus	Regulate Qi
XIANG RU	香薷(향유)	Moslae Herba	aromatic madder	Disperse Wind-Cold
XIAO HUI XIANG	小茴香(소회향)	Foeniculi Fructus	fennel fruit	Warm Interior

XIAO JI	小薊(소계)	Cirsii Herba	small thistle	Stop bleeding
XIE BAI	薤白(해백)	Allii Macrostemi Bulbus	garlic chives	Regulate Qi
XIN YI HUA	辛夷花(신이화)	Magnoliae Flos	magnolia flower	Disperse Wind-Cold
XING REN	杏仁(행인)	Armeniaca Semen Amarum	apricot kernel	Stop Cough & Wheezing
XIONG HUANG	雄黃(웅황)	Realgar	realgar	Obsolete Substances
XU DUAN	續斷(속단)	Dipsaci Radix	himalayan teasel root	Yang Tonics
XUAN FU HUA	旋覆花(선복화)	Inulae Flos	inula flower	Dissolve Cold-Phlegm
XUAN SHEN	玄參(현삼)	Scrophulariae Radix	figwort root	Clear Blood-Heat
XUE JIE	血竭(혈갈)	Daemonoropis Resina	dragon's blood	Activate Blood
XUE YU TAN	血餘炭(혈여탄)	Crisis Carbonisatus	charred human hair	Stop bleeding
Y				
YAN HU SUO	延胡索(연호색)	Corydalis Rhizoma	corydalis	Activate Blood
YE JIAO TENG	夜交藤(야교등)	Polygoni Multiflori Caulis	polygonum vine	Nourish & Calm Shen
YI MU CAO	益母草(익모초)	Leonuri Herba	motherwort herb	Activate Blood
YI YI REN	薏苡仁(यी이인)	Coicis Semen	coix seed	Drain Damp
YI ZHI REN	益智仁(익지인)	Alpiniae Oxyphyllae Fructus	black cardamon	Yang Tonics
YIN CHAI HU	銀柴胡(은사호)	Stellariae Radix	stellaria root	Clear Deficiency-Heat
YIN CHEN	茵陳(인진)	Artemisiae Scopariae Herba	virgate wormwood	Drain Damp
YIN YANG HUO	淫羊藿(음양곽)	Epimedii Herba	epimedium	Yang Tonics
YU JIN	鬱金(울금)	Curcumae Radix	curcuma	Activate Blood
YU LI REN	郁李仁(옥리인)	Pruni Semen	bush cherry pit	Laxatives
YU MI XU	玉米鬚(옥미수)	Maydis Stigma	cornsilk	Drain Damp
YU XING CAO	魚腥草(어성초)	Houttuyniae Herba	houttuynia	Clear Toxic-Heat
YU ZHU	玉竹(옥죽)	Polygonati Odorati Rhizoma	scented solomon's seal rhizome	Yin Tonics
YUAN HUA	芫花(원화)	Genkwa Flos	genkwa flower	Cathartics
YUAN ZHI	遠志(원지)	Polygalae Radix	thin-leaf milkwort	Nourish & Calm Shen
Z				
ZAO JIAO CI	皂角子(조각자)	Gleditsiae Spina	gleditsia thorn	Dissolve Cold-Phlegm
ZE LAN	澤蘭(택란)	Lycopi Herba	bugleweed	Activate Blood
ZE XIE	澤瀉(택사)	Alismatis Rhizoma	water plantain	Drain Damp
ZHE BEI MU	浙貝母(절매모)	Fritillariae Thunbergii Bulbus	zhejiang fritillaria bulb	Dissolve Hot-Phlegm
ZHE CHONG	蟪蟲(자충)	Eupolyphaga/Steleophaga	ground beetle	Activate Blood
ZHEN ZHU MU	珍珠母(진주모)	Margaritiferae Concha Usta	mother-of-pearl	Anchor & Calm Shen
ZHI KE	枳殼(지각)	Aurantii Fructus	bitter orange	Regulate Qi
ZHI MU	知母(지모)	Anemarrhenae Rhizoma	anemarrhena rhizome	Clear & Purge Heat
ZHI SHI	枳實(지실)	Aurantii Fructus Immaturus	immature bitter orange	Regulate Qi
ZHI ZI	梔子(치자)	Gardeniae Fructus	gardenia fruit	Clear & Purge Heat
ZHU LING	豬苓(저령)	Polyporus	polyporus	Drain Damp
ZHU RU	竹茹(죽여)	Bambusae Caulis in Taeniam	bamboo shavings	Dissolve Hot-Phlegm
ZI CAO	紫草(자초)	Arnebiae/Lithospermi Radix	lithospermum root	Clear Blood-Heat
ZI HUA DI DING	紫花地丁(자화지정)	Viola Herba	violet	Clear Toxic-Heat
ZI SU YE	紫蘇葉(자소엽)	Perillae Folium	perilla leaf	Disperse Wind-Cold
ZI SU ZI	紫蘇子(자소자)	Perillae Fructus	perilla fruit	Stop Cough & Wheezing
ZI WAN	紫菀(자완)	Asteris Radix	aster root	Stop Cough & Wheezing
ZONG LU PI	棕櫚皮(종려피)	Trachycarpi Petiolus	trachycarpus stiple fiber	Stop bleeding