

INFERTILITY

ACUPUNCTURE FOR INFERTILITY

Tx. Session	Left	Right
1	Lower LI4, Upper LV3	Lower LI4, Upper LV3
2	CHONG (SP4, PC6)	REN (LU7, KD6)
3	ST (+SI5, +ST41, -GB41, -ST43)	KD (+LU8, +KD7, -SP3, -KD3)
4	REN (LU7, KD6)	CHONG (SP4, PC6)

THE FORMULA FOR INFERTILITY

WEN JING TANG (Warm the Menses Decoction)

INFERTILITY TREATMENT BY THE FOUR PHASES

PHASE	TREATMENT PRINCIPLE	HERBAL FORMULA (Dr. Xia style)	8 Extra + TCM
PHASE 1	<ul style="list-style-type: none"> ● Invigorate Blood 	<ul style="list-style-type: none"> ● Ge Xia Zhu Yu Tang (scanty) ● Tao Hong Si Wu Tang (heavy) 	<ul style="list-style-type: none"> ● SP4, PC6 ● KD14, SP10, SP6, LV3
PHASE 2	<ul style="list-style-type: none"> ● Nourish Blood ● Tonify KD 	<ul style="list-style-type: none"> ● You Gui Wan (KD Yang Xu) ● Zuo Gui Wan (KD Yin Xu) 	<ul style="list-style-type: none"> ● LU7, KD6 ● RN4, KD13, SP6, UB23
PHASE 3	<ul style="list-style-type: none"> ● Tonify KD, Tonify SP ● Strengthen Chong/Ren 	<ul style="list-style-type: none"> ● You Gui Wan (KD Yang Xu) ● Zuo Gui Wan (KD Yin Xu) 	<ul style="list-style-type: none"> ● LU7, KD6 ● RN4, KD13, SP6, UB23
PHASE 4	<ul style="list-style-type: none"> ● Move Qi, Warm Uterus ● Invigorate Blood 	<ul style="list-style-type: none"> ● Xiao Yao San (Qi stagnation) ● Ge Xia Zhu Yu Tang (Blood stasis) ● Wen Jing Tang (Cold Uterus) ● Qi Gong Wan (Damp-Phlegm) 	<ul style="list-style-type: none"> ● SP4, PC6 ● SP10, KD14, LV3, SP6

CONTRAINDICATION FOR PREGNANCY

Contraindication for Pregnancy	<ul style="list-style-type: none"> ● Points: LI4, SP6, UB60, UB67, GB21, ST12 ● Auricular Acupuncture: if there is a history of miscarriage
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CALM THE FETUS

ACUPUNCTURE

Tx	Points	Tx. Principle
1	KD3, SJ4 + LU7, KD6 + Yintang, DU20	Water gate + Ren
2	LV3, SI4 + SI3, UB62 + Yintang, DU20	Wood gate + Du
3	HT7, GB40 + SP4, PC6 + Yintang, DU20	Fire gate + Chong
4	SP3, SI4 + GB41, SJ5 + Yintang, DU20	Earth gate + Dai
5	+LU8, +KD7, -SP3, -KD3 + Yintang, DU20	Tonify KD (seed)
6	+SI5, +ST41, -GB41, -ST43 + Yintang, DU20	Tonify ST (field)
7	ST36, GB41, SP4, PC6 + Yintang, DU20	Meridian connecting
8	LU7, KD6 + SP4, PC6 + Yintang, DU20	Ren + Chong

HERBAL FORMULAS

Tai Shan Pan Shi San (Overall Care) or **Bu Zhong Yi Qi Tang** (Lift Zhong Qi)

MORNING SICKNESS

RN12, PC6, ST36 (Basic) + RN13, SP4 (if SP/ST Xu) or RN17, LV3 (if LV/ST disharmony)

LABOR

Breach Fetus	Moxa at UB67	
Induce Labor	Dui-Xue	Tonify LI4 & Sedate SP6
	TCM	SP6, UB67 (basic) + ST36 (if Qi/Blood Xu) or LI4 (if Qi/Blood stagnation)

POSTPARTUM

Herbal Formula	Sheng Hua Tang (Generate and Transform Decoction) - Also good for post miscarriage
Insufficient Lactation	ST18, RN17, SI1 (basic) + UB20, ST36, SP6 (Qi/Xue Xu) or LV14, PC6, LV3 (LV Qi stag)
Inhibit Lactation	GB41, GB37
Uterus Prolapse	DU20, RN6, RN12, ST36, ST29 (if Qi Xu) / RN4, Zigong, LV8, KD6 (if KD Xu)