

DUI-YAO (HERB PAIRS) 對藥(대약)

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1. RELEASE EXTERIOR

1. MA HUANG + GUI ZHI 麻黃+桂枝

☑ MA HUANG TANG / GE GEN TANG

	MA HUANG	COMMON	GUI ZHI
TASTE	sl bitter	acid	sweet
NATURE		warm	
CHANNEL		LU UB	HT
DOSE	2-9g		3-9g
INDICATION	1. Severe chills and fever, aversion to cold, no sweating, headache, body aches due to Wind-Cold excess type 2. Bi syndrome (rheumatic pains) due to Wind-Cold-Damp 3. Cough and asthma due to Wind-Cold obstructing the LU Qi		

2. MA HUANG + XING REN 麻黃+杏仁

☑ MA HUANG TANG / MA XING SHI GAN TANG

	MA HUANG	COMMON	XING REN
TASTE	acid, sl bitter		bitter
NATURE	warm		sl warm, sl toxic
CHANNEL	UB	LU	LI
DOSE	2-9g		3-9g
INDICATION	1. Cough and asthma due to Wind-Cold 2. Cough and asthma due to LU Heat		

3. JING JIE + FANG FENG 荊芥+防風

☑ XIAO FENG SAN / JING FANG BAI DU SAN

	JING JIE	COMMON	FANG FENG
TASTE		acid	sweet
NATURE		sl warm	
CHANNEL	LU	LV	SP UB
DOSE	4.5-9g		4.5-9g
INDICATION	1. Exterior patterns for either Wind-Cold or Wind-Heat pathogens 2. Early stage of measles and skin eruption with itching 3. Early stage of carbuncle or boils, accompanied by chills and fever 4. Blood in the stool/urine, excessive menstruation, diarrhea, dysentery		

4. XIN YI HUA + CANG ER ZI 辛夷花+蒼耳子

☑ CANG ER ZI SAN

	XIN YI HUA	COMMON	CANG ER ZI
TASTE	acid		sweet, bitter
NATURE		warm	toxic
CHANNEL	ST	LU	
DOSE	3-9g		3-9g
INDICATION	1. Common cold with headache, nasal congestion , and runny nose due to Wind-Cold 2. Deep source nasal congestion with headache, loss of smell, and turbid nasal phlegm 3. Chronic/acute rhinitis , allergic rhinitis, hypertrophic rhinitis, sinusitis, paranasitis, and frontal sinusitis		

5. SANG YE + JU HUA 桑葉+菊花

☑ SANG JU YIN

	SANG YE	COMMON	JU HUA
TASTE		sweet, bitter	
NATURE	cold		sl cold
CHANNEL		LU LV	
DOSE	4.5-9g		4.5-15g
INDICATION	1. Fever, aversion to wind, light sweating, cough , headache and slight thirst due to Wind-Heat 2. Headache, vertigo, photophobia, and red, swollen, painful eyes due to LV Yang rising		

6. SHENG MA + GE GEN 升麻+葛根

☑ SHENG MA GE GEN TANG

	SHENG MA	COMMON	GE GEN
TASTE		sweet, acrid	
NATURE	sl cold		cool
CHANNEL	LI LU	SP ST	
DOSE	3-9g		9-12g
INDICATION	1. Early stage of measles , headache, fever 2. Incomplete eruption of measles, fever		

2. CLEAR HEAT

7. SHI GAO + ZHI MU 石膏+知母

☑ BAI HU TANG

	SHI GAO	COMMON	ZHI MU
TASTE	acrid	sweet	bitter
NATURE	very cold		cold
CHANNEL		LU ST	KD
DOSE	15-60g		6-12g
INDICATION	1. 4 Bigs : high fever, profuse sweating, great thirst, surging pulse due to Heat in Qi level 2. Xiao Ke (Upper burner) with polydipsia, dry mouth and tongue, and great thirst due to excess LU Heat		

8. XI XIN + SHI GAO 細辛+石膏

	XI XIN	COMMON	SHI GAO
TASTE		acrid	sweet
NATURE	warm		very cold
CHANNEL	HT KD	LU	ST
DOSE	1-3g		15-60g
INDICATION	1. ST Heat: toothache , bleeding/swollen/painful gums, oral ulcers, and glossitis 2. Headache due to Wind-Heat entering the clear orifices		

9. ZHI ZI + DAN DOU CHI 梔子+淡豆豉

☑ ZHI ZI CHI TANG

	ZHI ZI	COMMON	DAN DOU CHI
TASTE	bitter		sweet, sl bitter
NATURE		cold	
CHANNEL	HT LU ST LV SJ		LU ST
DOSE	6-9g		6-12g
INDICATION	1. Irritability and agitation, insomnia, and vexation during or after Warm-febrile disease 2. External contraction of Wind-Heat of febrile disease		

10. LU GEN + BAI MAO GEN 蘆根+白茅根

	LU GEN	COMMON	BAI MAO GEN
TASTE		sweet	
NATURE		cold	
CHANNEL		LU ST	SI UB
DOSE	15-30g		9-30g
INDICATION	1. Fever, thirst, and irritability due to Warm-febrile disease or Wind-Heat 2. Cough/wheezing due to LU Heat 3. Early stage of measles due to Toxic-Heat 4. Acute nephritis, urinary tract infection accompanied by fever, dysuria, or edema 5. Nausea/vomiting due to ST Heat 6. Epidemic hemorrhagic fever		

11. MU DAN PI + DAN SHEN 牡丹皮+丹蔘

	MU DAN PI	COMMON	DAN SHEN
TASTE	acrid	bitter	
NATURE	sl cold		sl cold
CHANNEL	LV KD	HT	PC LV
DOSE	6-12g		6-15g
INDICATION	1. Blood Heat: Hematemesis, epistaxis, metrorrhagia, purpura, rubella, and pruritis 2. Menstrual irregularities or postpartum abdominal pain due to Blood-Heat causing Blood stasis 3. Continuous, low grade fever due to Yin deficiency 4. Hot, red, swollen, painful joints due to Heat-Bi		

12. CHI SHAO + BAI SHAO 赤芍+白芍

	CHI SHAO	COMMON	BAI SHAO
TASTE		bitter, sour	
NATURE		sl cold	
CHANNEL		LV SP	
DOSE	6-15g		6-15g
INDICATION	1. Blood-Heat, Chronic low-grade fever 2. Yin and Body-fluid deficiency, dry mouth, red and painful eyes 3. Chest and hypochondriac pain, abdominal pain 4. Irregular menstruation, amenorrhea due to Blood deficiency and stasis with Heat		

13. HUANG BAI + CANG ZHU 黃柏+蒼朮

ER MIAO SAN

	HUANG BAI	COMMON	CANG ZHU
TASTE		bitter	acrid
NATURE	cold		warm
CHANNEL	KD UB		SP ST
DOSE	3-12g		3-9g
INDICATION	1. Wilting of the lower limbs with pain due to Damp-Heat pouring downward to the lower part 2. Damp-Heat in the genital area: vaginal discharge, external vaginal itching, and cloudy, scanty urination 3. Red, swollen, hot, painful joints due to Wind-Damp-Heat Bi syndrome		

14. HUANG LIAN + MU XIANG 黃連+木香

XIANG LIAN WAN

	HUANG LIAN	COMMON	MU XIANG
TASTE		bitter	acrid
NATURE	cold		warm
CHANNEL	HT LV	LI ST	GB SP SJ
DOSE	1.5-9g		3-9g
INDICATION	1. Dysentery with abdominal pain and tenesmus due to Damp-Heat and Qi stagnation in the Lower burner		

15. JIN YIN HUA + LIAN QIAO 金銀花+連翹

YIN QIAO SAN

	JIN YIN HUA	COMMON	LIAN QIAO
TASTE	sweet		bitter, sl acrid
NATURE	cold		sl cold
CHANNEL	LI LU ST		HT LU GB
DOSE	6-20g		6-15g
INDICATION	1. Cold and influenza due to Wind-Heat 2. Warm-febrile disease with internal heat 3. Headache, eye pain, toothache, sinusitis, and painful, swollen throat due to Wind-Heat 4. Skin eruption with pruritus due to Wind-Heat 5. Skin inflammation due to Toxic-Heat		

16. NIU BANG ZI + LIAN QIAO 牛蒡子+連翹

☑ YIN QIAO SAN

	NIU BANG ZI	COMMON	LIAN QIAO
TASTE	acrid	bitter	sl acrid
NATURE	cold		sl cold
CHANNEL	LU ST		HT LU GB
DOSE	6-12g		6-15g
INDICATION	1. Mouth and tongue ulcer, swollen gum, sore throat due to Heat 2. Red swelling, carbuncle, erythemas, mumps, and acute febrile maculopapular rash		

17. BAN LAN GEN + XUAN SHEN 板藍根+玄蔘

☑ BAN LAN DA QING TANG

	BAN LAN GEN	COMMON	XUAN SHEN
TASTE		bitter	salty, sweet
NATURE		cold	
CHANNEL	HT	LU ST	KD
DOSE	9-15g		9-15g
INDICATION	1. Painful/red/swollen throat with due to Yin deficient Heat or excess Fire which damages Yin		

18. XUAN SHEN + MU LI 玄蔘+牡蠣

☑ XIAO LUO WAN

	XUAN SHEN	COMMON	MU LI
TASTE	sweet, bitter	salty	astringent
NATURE	cold		cool
CHANNEL	LU ST	KD	LV
DOSE	9-15g		9-30g
INDICATION	1. Neck lumps or nodules such as in scrofula, lipoma, swollen glands, or goiter in patterns of Phlegm-Fire 2. Also used for similar nodules in the inguinal canal and other parts of the body		

19. HUA SHI + GAN CAO 滑石+甘草

☑ LIU YI SAN

	HUA SHI	COMMON	GAN CAO
TASTE	bland	sweet	
NATURE	cold		neutral
CHANNEL	UB	ST	HT LU SP
DOSE	9-15g	6:1 RATIO	1.5-9g
INDICATION	1. Summer-Heat and Damp: marked by fever, restlessness, thirst, diarrhea, difficulty in urine 2. Damp-Heat or UB marked by dark urine, difficulty and painful urination or urinary stone		

20. QING HAO + BIE JIA 青蒿+鱉甲

☑ QING HAO BIE JIA TANG

	QING HAO	COMMON	BIE JIA
TASTE	bitter		salty
NATURE	cold		sl cold
CHANNEL	KD GB	LV	SP
DOSE	6-12g		9-30g
INDICATION	1. Steaming bone fever, night sweat, cough due to Yin deficiency 2. Malaria 3. Later stage of warm-febrile disease		

21. ZHI MU + HUANG BAI 知母+黃柏

☑ ZHI BAI DI HUANG WAN

	ZHI MU	COMMON	HUANG BAI
TASTE	sweet	bitter	
NATURE		cold	
CHANNEL	LU ST	KD	UB
DOSE	6-12g		3-12g
INDICATION	1. Yin deficiency Heat: afternoon fever, steaming bones, and night sweat, seminal emission 2. Excessive sexual desire and easy erection due to deficient-Fire and hyperactive Mingmen-Fire 3. Dysuria due to Yin deficiency and to Yang losing its ability to transform		

3. PURGATIVES & LAXATIVES

22. DA HUANG + MANG XIAO 大黃+芒硝

DA CHENG QI TANG / TIAO WEI CHENG QI TANG

	DA HUANG	COMMON	MANG XIAO
TASTE		bitter	acidic, salty
NATURE	cold		very cold
CHANNEL	HT LV	LI ST	
DOSE	3-15g		6-18g
INDICATION	1. Constipation with hard, dry stools and abdominal pain due to Heat accumulation 2. Constipation with high fever, tidal fever, mental confusion due to excess Heat in Yang Ming Organ 3. Chronic or severe constipation due to Heat		

23. DA HUANG + FU ZI 大黃+附子

DA HUANG FU ZI TANG

	DA HUANG	COMMON	FU ZI
TASTE	bitter		acidic
NATURE	cold		hot, toxic
CHANNEL	LI LV ST	HT	KD SP
DOSE	3-15g		3-15g
INDICATION	1. Constipation , abdominal pain, aversion to cold, and cold limbs due to Cold accumulation		

24. DANG GUI + ROU CONG RONG 當歸+肉蓯蓉

JI CHUAN JIAN

	DANG GUI	COMMON	ROU CONG RONG
TASTE	acidic	sweet	salty
NATURE		warm	
CHANNEL	HT LV SP		LI KD
DOSE	4.5-15g		9-21g
INDICATION	1. Constipation due to body fluid deficiency after Warm-febrile disease, giving birth 2. Constipation due to Blood deficiency, especially for elderly/deficient constitution		

25. TAO REN + XING REN 桃仁+杏仁

WU REN WAN

	TAO REN	COMMON	XING REN
TASTE	sweet	bitter	
NATURE	neutral		sl warm, sl toxic
CHANNEL	HT LV	LI LU	
DOSE	4.5-9g		3-9g
INDICATION	1. Chest, epigastric, and lower abdominal pain due to Qi stagnation and Blood stasis 2. Constipation of the Deficient type due to dryness in the LI 3. Constipation of the Excess type due to Qi stagnation		

4. DRAIN DAMP

26. MU TONG + DAN ZHU YE 木通+淡竹葉

DAO CHI SAN

	MU TONG	COMMON	DAN ZHU YE
TASTE	bitter		sweet, bland
NATURE	sl cold		cold
CHANNEL	UB	HT SI	ST
DOSE	3-6g		6-9g
INDICATION	1. Irritability, sores of the mouth and tongue, and dark, scanty urine due to HT Heat transform into SI		

27. JI NEI JIN + HAI JIN SHA 鷄內金+海金沙

☑ SAN JIN TANG

	JI NEI JIN	COMMON	HAI JIN SHA
TASTE		sweet	bland
NATURE	neutral		sl cold
CHANNEL	SP ST	UB SI	
DOSE	3-9g		6-15g
INDICATION	1. Stone strangury and urinary lithiasis due to Damp-Heat in UB 2. Gallstones due to Damp-Heat in GB		

28. QU MAI + BIAN XU 瞿麥+薏苡

☑ BA ZHENG SAN

	QU MAI	COMMON	BIAN XU
TASTE		bitter	
NATURE	cold		sl cold
CHANNEL	HT SI	UB	
DOSE	9-15g		9-15g
INDICATION	1. Turbid Lin due to Damp-Heat 2. Dysuria due to Heat-Lin 3. Acute nephritis, urinary tract infection due to Damp-Heat		

29. YI ZHI REN + BI XIE 益智仁+萆薢

☑ BI XIE FEN QING YIN

	YI ZHI REN	COMMON	BI XIE
TASTE	acrid		bitter
NATURE	warm		neutral
CHANNEL	KD SP		UB LV ST
DOSE	3-9g		9-15g
INDICATION	1. Turbid urine, frequent urination, and Lin syndrome due to KD deficiency 2. Leukorrhea, urethritis, and milky urine (Gao-Lin) due to KD milky urine due to KD deficiency		

30. HUANG QI + FANG JI 黃耆+防己

☑ FANG JI HUANG QI TANG

	HUANG QI	COMMON	FANG JI
TASTE	sweet		bitter, acrid
NATURE	sl warm		cold
CHANNEL	LU	SP	UB KD
DOSE	9-15g		4.5-9g
INDICATION	1. Wind-Edema due to Wei Qi deficiency 2. Bi syndrome due to Wind-Damp with Wei Qi deficiency made by arthralgia, numbness of extremities		

5. DISPEL WIND-DAMP & STOP MUSCULAR PAIN

31. QIANG HUO + DU HUO 羌活+獨活

☑ REN SHEN BAI DU SAN

	QIANG HUO	COMMON	DU HUO
TASTE		acrid, bitter	
NATURE	aromatic	warm	
CHANNEL		KD UB	
DOSE	3-9g		3-9g
INDICATION	1. Moving rheumatic pains all over the body 2. Common cold with fever, shivers, headache, neck pain, and joint pain due to Wind-Cold-Damp 3. Joint running wind due to Wind-Cold-Damp penetrating the channels and network vessels		

32. BAI SHAO + GAN CAO 白芍+甘草

☑ SHAO YAO GAN CAO TANG

	BAI SHAO	COMMON	GAN CAO
TASTE	bitter, sour		sweet
NATURE	sl cold		neutral
CHANNEL	LV	SP	HT LU ST
DOSE	6-15g		1.5-9g
INDICATION	1. Spasms and pain in the limbs due to disharmony between the Qi and Blood 2. Abdominal pain due to LV & SP disharmony 3. Headaches due to Blood deficiency		

6. STOP COUGH & DISSOLVE PHLEGM

33. ZI WAN + KUAN DONG HUA 紫菀+款冬花

☑ SHE GAN MA HUANG TANG

	ZI WAN	COMMON	KUAN DONG HUA
TASTE	bitter	acid	
NATURE	sl warm		warm
CHANNEL		LU	
DOSE	5-9g		4.5-9g
INDICATION	1. Cough and phlegm due to various etiologies primarily used for Cold induced cough (warm, but not dry)		

34. BAI QIAN + BAI BU 白前+百部

☑ ZHI SOU SAN

	BAI QIAN	COMMON	BAI BU
TASTE	acid	sweet	bitter
NATURE		sl warm	
CHANNEL		LU	
DOSE	3-9g		3-9g
INDICATION	1. Chronic cough 2. Common cold, influenza, bronchitis, pulmonary tuberculosis		

35. WU WEI ZI + XI XIN 五味子+細辛

☑ XIAO QING LONG TANG

	WU WEI ZI	COMMON	XI XIN
TASTE	sour, sweet		acid
NATURE		warm	
CHANNEL	HT	LU KD	HT
DOSE	3-6g		1-3g
INDICATION	1. Cough and asthma due to Wind or accumulation of Cold-Phlegm in LU 2. Chronic cough and asthma due to LU and KD deficiency		

36. WU WEI ZI + GAN JIANG 五味子+乾薑

☑ XIAO QING LONG TANG

	WU WEI ZI	COMMON	GAN JIANG
TASTE	sour, sweet		acid
NATURE	warm		hot
CHANNEL	KD	LU HT	SP ST
DOSE	3-6g		3-9g
INDICATION	1. Cough and asthma accompanied by profuse, clear, and white phlegm due to Cold in LU		

37. CHUAN BEI MU + ZHI MU 川貝母+知母

	CHUAN BEI MU	COMMON	ZHI MU
TASTE		bitter, sweet	
NATURE	sl cold		cold
CHANNEL	HT	LU	ST KD
DOSE	3-9g		6-12g
INDICATION	1. Dry cough with little phlegm and difficult expectoration due to LU Yin deficiency 2. Cough due to LU Heat which causes LU Dryness		

38. DI GU PI + SANG BAI PI 地骨皮+桑白皮

☑ XIE BAI SAN

	DI GU PI	COMMON	SANG BAI PI
TASTE	bland	sweet	
NATURE		cold	
CHANNEL	LV KD	LU	
DOSE	6-15g		6-15g
INDICATION	1. Cough and asthma with yellow, sticky and thick phlegm, fever and thirst due to LU Heat 2. Cough accompanied by evening fever with skin which is warm to the touch due to LU deficient Heat		

39. ZI WAN + E JIAO 紫菀+阿膠

☑ ZI WAN TANG

	ZI WAN	COMMON	E JIAO
TASTE	acrid, bitter		sweet
NATURE	sl warm		neutral
CHANNEL		LU	KD LV
DOSE	5-9g		3-9g
INDICATION	1. LU deficiency due to chronic cough, blood sputum		

40. BAN XIA + CHEN PI 半夏+陳皮

☑ ER CHEN TANG / BAN XIA BAI ZHU TIAN MA TANG

	BAN XIA	COMMON	CHEN PI
TASTE		acrid	bitter
NATURE	toxic	warm	aromatic
CHANNEL		LU SP ST	
DOSE	3-9g		3-9g
INDICATION	1. Cough due to an accumulation of Damp-Phlegm 2. Chest oppression, nausea , and vomiting due to ST disharmony and Damp-Phlegm accumulation		

41. LAI FU ZI + BAI JIE ZI 蘿藦子+白芥子

☑ SAN ZI YANG QIN TANG

	LAI FU ZI	COMMON	BAI JIE ZI
TASTE	sweet	acrid	
NATURE	neutral		warm
CHANNEL	SP ST	LU	
DOSE	4.5-9g		3-9g
INDICATION	1. Cough with copious, clear bubbly sputum and pain, fullness in the chest due to Cold-Phlegm 2. Chronic cough/phlegm in elderly and deficient patient		

42. JIE GENG + GAN CAO 桔梗+甘草

☑ GAN JIE TANG

	JIE GENG	COMMON	GAN CAO
TASTE	bitter, acrid		sweet
NATURE		neutral	
CHANNEL		LU	HT SP ST
DOSE	3-9g		1.5-9g
INDICATION	1. Pulmonary abscess with cough, profuse phlegm, and chest oppression due to Heat stagnation 2. Pain, redness, and swelling of the throat due to Heat (deficiency/excess, external/internal) 3. Loss of voice, hoarse/husky voice		

43. ZHE BEI MU + XIA KU CAO 浙貝母+夏枯草

	ZHE BEI MU	COMMON	XIA KU CAO
TASTE		bitter	acrid
NATURE		cold	
CHANNEL	HT LU		GB LV
DOSE	4.5-9g		9-15g
INDICATION	1. Neck lumps/nodules such as in scrofula, lipoma, swollen glands, or goiter due to Phlegm-Fire 2. Similar nodules in the inguinal canal and other parts of the body		

7. DESCEND ST REBELLIOUS QI

44. BAN XIA + SHENG JIANG 半夏+生薑

☑ BAN XIA HOU PO TANG / ER CHEN TANG

	BAN XIA	COMMON	SHENG JIANG
TASTE		acid	
NATURE	toxic, warm		sl warm
CHANNEL		LU SP ST	
DOSE	3-9g		3-9g
INDICATION	1. Nausea, vomiting with no thirst, and greasy tongue coating due to Damp-Phlegm in Middle burner 2. Enduring cough with white, watery, and profuse phlegm		

45. ZHU RU + BAN XIA 竹葉+半夏

☑ WEN DAN TANG

	ZHU RU	COMMON	BAN XIA
TASTE	sweet		acid
NATURE	sl cold		warm, toxic
CHANNEL	GB	LU ST	SP
DOSE	4.5-9g		3-9g
INDICATION	1. Hiccup, nausea, and vomiting due to disharmony and counterflow of ST Qi 2. Vertigo, agitation and insomnia due to Phlegm turbidity 3. Nausea/vomiting during pregnancy due to disharmony of ST, Phlegm-Heat or ST Heat		

46. ZHU RU + CHEN PI 竹茹+陳皮

☑ JU PI ZHU RU TANG

	ZHU RU	COMMON	CHEN PI
TASTE	sweet		acid, bitter
NATURE	sl cold		warm, aromatic
CHANNEL	GB	LU ST	SP
DOSE	4.5-9g		3-9g
INDICATION	1. Nausea, vomiting and epigastric/abdominal distention due to SP/ST deficiency mixed with Cold and Heat 2. Nausea and vomiting during pregnancy		

47. HUO XIANG + ZI SU YE 藿香+紫蘇葉

☑ HUO XIANG ZHENG QI SAN

	HUO XIANG	COMMON	ZI SU YE
TASTE		acid	
NATURE	sl warm		warm, aromatic
CHANNEL	ST	LU SP	
DOSE	3-9g		5-9g
INDICATION	1. Disharmony SP/ST, nausea, vomiting and diarrhea due to Wind-Cold Exterior + Damp Interior 2. Nausea, diarrhea due to Summer-Heat disorders		

48. WU ZHU YU + HUANG LIAN 吳茱萸+黃連

☑ ZUO JIN WAN

	WU ZHU YU	COMMON	HUANG LIAN
TASTE	acid	bitter	
NATURE	hot, sl toxic		cold
CHANNEL	SP	LV ST	HT LI
DOSE	3-9g		1.5-9g
INDICATION	1. Acid regurgitation , nausea, belching, clamoring stomach, and bitter taste due to LV Fire attacking ST 2. Diarrhea and dysentery due to Damp-Heat		

49. XUAN FU HUA + DAI ZHE SHI 旋覆花+代赭石

☑ XUAN FU DAI ZHE TANG

	XUAN FU HUA	COMMON	DAI ZHE SHI
TASTE	acid, salty	bitter	
NATURE	sl warm		cold
CHANNEL	LU ST SP	LV	PC HT
DOSE	3-9g		9-30g
INDICATION	1. Nausea, vomiting and hiccup due to turbid phlegm stagnation in diaphragm area 2. Cough and wheezing with phlegm, nose bleed, hematemesis 3. Hypertension		

8. HARMONIZING

50. GUI ZHI + BAI SHAO 桂枝+白芍

☑ GUI ZHI TANG

	GUI ZHI	COMMON	BAI SHAO
TASTE	acidic, sweet		bitter, sour
NATURE	warm		sl cold
CHANNEL	HT LU UB		LV SP
DOSE	3-9g		6-15g
INDICATION	1. Chills and fever, slight sweating , headache due to Wind-Cold deficient type (Ying and Wei disharmony) 2. Spontaneous or night sweats accompanied by aversion to Wind (Ying and Wei disharmony) 3. Chest and cardiac pain due to HT Yang deficiency (disharmony between the Qi and Blood) 4. Abdominal pain with spasms and cramps due to deficient Cold (disharmony between the Qi and Blood) 5. Pain or numbness of the limb (disharmony between the Qi and blood) 6. Nausea/vomiting during pregnancy with aversion to cold, no appetite, weak pulse (SP/ST disharmony) 7. Weakness in elderly, postpartum, post-surgery , aversion to wind, sweating (Ying and Wei disharmony)		

51. SHENG JIANG + DA ZAO 生薑+大棗

☑ GUI ZHI TANG / SHI QUAN DA BU TANG

	SHENG JIANG	COMMON	DA ZAO
TASTE	acidic		sweet
NATURE	sl warm		warm
CHANNEL	LU	SP ST	
DOSE	3-9g		10-30g
INDICATION	1. Sweating, aversion to wind, and fever due to disharmony between Ying (constructive) and Wei (defensive) 2. Fatigue, lack of strength , abdominal pain, and no appetite due to disharmony between Ying and Wei		

52. CHAI HU + BAI SHAO 柴胡+白芍

☑ XIAO YAO SAN / SI NI SAN

	CHAI HU	COMMON	BAI SHAO
TASTE	acidic	bitter	sour
NATURE	cool		sl cold
CHANNEL	GB PC SJ	LV	SP
DOSE	3-9g		6-15g
INDICATION	1. LV Qi stagnation causing disharmony between the Qi and blood 2. Vertigo, unclear vision, menstrual irregularities, dysmenorrhea, breast distention, PMS 3. Disharmony between LV and SP		

53. CHAI HU + HUANG QIN 柴胡+黃芩

☑ XIAO CHAI HU TANG

	CHAI HU	COMMON	HUANG QIN
TASTE	acidic	bitter	
NATURE	cool		cold
CHANNEL	LV PC SJ	GB	LU ST LI
DOSE	3-9g		3-9g
INDICATION	1. Alternating fever and chills, bitter taste, dry throat, dizziness, nausea due to Shao Yang syndrome 2. Malaria due to Shao Yang syndrome 3. LV Qi stagnation transforming into Fire		

54. BAN XIA + HUANG QIN 半夏+黃芩

☑ XIAO CHAI HU TANG / BAN XIA XIE XIN TANG

	BAN XIA	COMMON	HUANG QIN
TASTE	acidic		bitter
NATURE	warm, toxic		cold
CHANNEL	SP	LU ST	GB LI
DOSE	3-9g		3-9g
INDICATION	1. Nausea and vomiting due to Shao Yang syndrome 2. Phlegm Heat 3. Pi syndrome : nausea, no appetite and sensation of fullness in the stomach due to mixed Heat/Cold		

55. CAO GUO + CHANG SHAN 草果+常山

☑ JIU NUE QI BAO YIN

	CAO GUO	COMMON	CHANG SHAN
TASTE		acid	bitter
NATURE	warm		cold, toxic
CHANNEL	SP ST		HT LV LU
DOSE	3-6g		4.5-9g
INDICATION	1. Disharmony between exterior and interior, alternating chills and fever 2. Malarial disorder , Cold-Damp, no appetite, fatigue, parasites		

9. MOVE QI & STOP PAIN

56. ZHI KE + JIE GENG 枳殼+桔梗

☑ REN SHEN BAI DU SAN / XUE FU ZHU YU TANG

	ZHI KE	COMMON	JIE GENG
TASTE		bitter, acid	
NATURE	sl cold		neutral
CHANNEL	SP ST		LU
DOSE	3-9g		3-9g
INDICATION	1. Chest oppression and distention or chest Bi due to accumulation of Phlegm and Qi stagnation 2. Epigastric distention and difficult defecation due to disturbance of ascending and descending		

57. GUA LOU + XIE BAI 瓜蒌+薤白

☑ GUA LOU XIE BAI BAI JIU TANG

	GUA LOU	COMMON	XIE BAI
TASTE	sweet		acid, bitter
NATURE	cold		warm
CHANNEL		LI LU ST	
DOSE	9-21g		5-9g
INDICATION	1. Chest Bi , cardiac disease due to turbid Phlegm blocking the Qi and Yang of the chest 2. Constipation due to fluid dryness of the LI or Qi stagnation		

58. XIANG FU + WU YAO 香附子+烏藥

☑ WU YAO SAN / GE XIA ZHU YU TANG

	XIANG FU	COMMON	WU YAO
TASTE	sl bitter, sl sweet	acid	
NATURE	neutral		warm
CHANNEL	LV SJ GB		UB KD LU SP
DOSE	6-12g		3-9g
INDICATION	1. Abdominal distention and pain due to Cold constraint and Qi stagnation 2. Acute/chronic hepatitis 3. Acute/ chronic dysentery, tenesmus		

59. MU XIANG + BING LANG 木香+檳榔

☑ MU XIANG BING LANG WAN

	MU XIANG	COMMON	BING LANG
TASTE		acid, bitter	
NATURE		warm	
CHANNEL	GB SP SJ	LI ST	
DOSE	3-9g		6-15g
INDICATION	1. No appetite, abdominal distention/pain, difficult defecation due to food retention in ST and Intestine 2. Dysentery or diarrhea with tenesmus and abdominal pain due to Qi stagnation 3. Constipation or difficult defecation due to Qi stagnation		

60. CHUAN LIAN ZI + YAN HU SUO 川楝子+延胡索

JIN LING ZI SAN

	CHUAN LIAN ZI	COMMON	YAN HU SUO
TASTE		bitter	acid
NATURE	cold, sl toxic		warm
CHANNEL	UB SI	LV ST	HT
DOSE	4.5-9g		3-9g
INDICATION	1. Pain in HT, epigastrium, abdomen, and lateral costal regions due to LV Qi stagnation or Blood stasis 2. Dysmenorrhea and menstrual irregularities due to Qi stagnation and/or Blood stasis 3. Inguinal hernia or diseases of the scrotum/testicles due to Qi stagnating in the LV channel 4. Hepatitis, cholecystitis, and angiocholitis due to Damp-Heat in LV/GB		

10. REGULATE BLOOD

61. TAO REN + HONG HUA 桃仁+紅花

TAO HONG SI WU TANG

	TAO REN	COMMON	HONG HUA
TASTE	bitter, sweet		acid
NATURE	neutral		warm
CHANNEL	LI LU	HT LV	
DOSE	4.5-9g		3-9g
INDICATION	1. Cardiac and chest pain due to HT Blood stasis 2. Amenorrhea, dysmenorrhea, menstrual irregularities, and dark blood clots due to Blood stasis 3. Fixed, stabbing, and severe pain aggravate by pressure to Blood stasis		

62. RU XIANG + MO YAO 乳香+沒藥

XIAO HUO LUO DAN

	RU XIANG	COMMON	MO YAO
TASTE	acid	bitter	
NATURE	warm		neutral
CHANNEL		HT LV SP	
DOSE	3-9g		3-9g
INDICATION	1. Pain due to Qi and Blood stagnation in the viscera and bowels or channels and network vessels 2. Amenorrhea, dysmenorrhea, or postpartum abdominal pain due to Blood stasis 3. Bi syndrome due to Wind-Damp causing Qi and Blood stagnation in the network vessels 4. Wounds, scars, and skin inflammations with Blood stasis and necrotic tissue 5. Traumatic injuries with pain, swelling, and redness due to Qi stagnation and Blood stasis		

63. SAN LENG + E ZHU 三稜+莪朮

E LENG TONG JING TANG

	SAN LENG	COMMON	E ZHU
TASTE		bitter, acid	
NATURE	neutral		warm
CHANNEL		LV SP	
DOSE	3-9g		3-9g
INDICATION	1. Abdominal mass, lump glomus, hepatomegaly, and splenomegaly due to Qi/Blood stagnation 2. Amenorrhea, dysmenorrhea, clots in the menstrual flow, and infertility, due to Blood stasis 3. Abdominal pain due to Food accumulation		

64. CHUAN XIONG + DANG GUI 川芎+當歸

SI WU TANG

	CHUAN XIONG	COMMON	DANG GUI
TASTE		acid	sweet
NATURE		warm	
CHANNEL	GB PC	LV	HT SP
DOSE	3-9g		4.5-15g
INDICATION	1. Menstrual irregularities, dysmenorrhea, and postpartum abdominal pain due to Blood stasis 2. Rheumatic pain due to Wind-Damp and Blood deficiency 3. Headaches due to Blood deficiency or Blood stasis 4. Wounds, ulcers, or cutaneous inflammations due to Qi/Blood deficiency with Qi/Blood stagnation		

65. PU HUANG + WU LING ZHI 蒲黃+五靈脂

☑ SHI XIAO SAN

	PU HUANG	COMMON	WU LING ZHI
TASTE	sweet, acrid		bitter, sweet
NATURE	neutral		warm
CHANNEL	HT SP	LV	
DOSE	3-9g		3-9g
INDICATION	1. Epigastric, cardiac, abdominal, and lateral costal pain due to Qi/Blood stagnation 2. Menstrual irregularities, dysmenorrhea , postpartum pain due to retention of lochia or Blood stasis		

66. DI YU + HUAI HUA 地榆+槐花

☑ HUAI YU JIAN

	DI YU	COMMON	HUAI HUA
TASTE	sour	bitter	
NATURE	sl cold		cool
CHANNEL	ST	LV LI	
DOSE	9-15g		4.5-9g
INDICATION	1. Hot bleeding, hemorrhoids		

11. TONICS

67. REN SHEN + HUANG QI 人蔘+黃耆

☑ BU ZHONG YI QI TANG

	REN SHEN	COMMON	HUANG QI
TASTE	sl bitter	sweet	
NATURE		sl warm	
CHANNEL		LU SP	
DOSE	3-9g		9-15g
INDICATION	1. Chronic illness leading to Qi deficiency 2. Rectal and uterine prolapse and gastric ptosis due to SP Qi sinking 3. Lack of appetite, loose stool, fatigue, and spontaneous sweating due to Qi deficiency 4. Low grade fever due to Qi deficiency		

68. REN SHEN + FU ZI 人蔘+附子

☑ SAN BU TANG / SI NI JIA REN SHEN TANG

	REN SHEN	COMMON	FU ZI
TASTE	sweet, sl bitter		acrid
NATURE	sl warm		hot, toxic
CHANNEL	LU	SP	HT KD
DOSE	3-9g (up to 30g)		3-15g
INDICATION	1. Chronic disease, loss of blood, HT disease with cold limbs , cold spontaneous sweating 2. Collapse of Qi , minute pulse		

69. BAI ZHU + FU LING 白朮+茯苓

☑ SI JUN ZI TANG / LING GUI ZHU GAN TANG

	BAI ZHU	COMMON	FU LING
TASTE	bitter	sweet	bland
NATURE	warm		neutral
CHANNEL	ST	SP	HT KD LU
DOSE	6-15g		9-15g
INDICATION	1. Edema, accumulation of Damp caused by SP deficiency 2. Fatigue , weakness in limbs , loose stool caused by SP deficiency with Damp accumulation 3. Vertigo, blurred vision, heart palpitation due to Damp-Phlegm 4. Chronic cough due to Damp-Phlegm and SP deficiency		

70. CHAI HU + SHENG MA 柴胡+升麻

☑ BU ZHONG YI QI TANG

	CHAI HU	COMMON	SHENG MA
TASTE	bitter	acid	sweet
NATURE	cool		sl cold
CHANNEL	GB LV PC SJ		LI LU SP ST
DOSE	3-9g		3-9g
INDICATION	1. Uterine prolapse, rectal prolapse, gastric ptosis due to SP Qi sinking 2. Metrorrhagia and abnormal vaginal discharge due to SP Qi sinking 3. Chronic diarrhea or chronic dysentery due to SP Qi sinking 4. SOB and dyspnea with feeling of oppression and falling of the LU due to Qi sinking		

71. HUANG QI + SHAN YAO 黃耆+山藥

	HUANG QI	COMMON	SHAN YAO
TASTE		sweet	
NATURE	sl warm		neutral
CHANNEL		LU SP	KD
DOSE	9-15g		9-30g
INDICATION	1. Xiao Ke syndrome (Diabetes) 2. Chronic gastritis, SP/ST Qi deficiency		

72. SHU DI HUANG + DANG GUI 熟地黃+當歸

☑ SI WU TANG

	SHU DI HUANG	COMMON	DANG GUI
TASTE		sweet	acid
NATURE	sl warm		warm
CHANNEL	KD	HT LV	SP
DOSE	9-30g		4.5-15g
INDICATION	1. Chronic cough/asthma due to Yin deficiency of the KD associated with Blood deficiency 2. Blood deficiency 3. Constipation due to Blood deficiency		

73. SHU DI HUANG + SHA REN 熟地黃+砂仁

	SHU DI HUANG	COMMON	SHA REN
TASTE	sweet		acid
NATURE	sl warm		warm, aromatic
CHANNEL	HT KD LV		SP ST
DOSE	9-30g		3-6g
INDICATION	1. Blood/Yin/Jing deficiency associated with weakness of SP/ST		

74. DANG GUI + HUANG QI 當歸+黃耆

☑ DANG GUI BU XUE TANG

	DANG GUI	COMMON	HUANG QI
TASTE	acid	sweet	
NATURE	warm		sl warm
CHANNEL	HT LV	SP	LU
DOSE	4.5-15g	1 : 5 RATIO	9-15g
INDICATION	1. Delayed menstruation, postpartum weakness, agalactia due to Qi and Blood deficiency 2. Low grade fever due to Blood deficiency 3. Sores and welling abscesses which do not heal due to Qi and Blood deficiency 4. Numbness of the limbs due to Blood deficiency not nourishing the sinews 5. Various hemorrhages due to Qi not containing the Blood within the vessels		

75. GOU QI ZI + JU HUA 枸杞子+菊花 ☑ QI JU DI HUANG WAN

	GOU QI ZI	COMMON	JU HUA
TASTE		sweet	bitter
NATURE	neutral		sl cold
CHANNEL	KD	LV LU	
DOSE	6-12g		4.5-15g
INDICATION	1. Eye disorders: Blurred vision, diminished visual acuity, photophobia, dry eyes with possible headache 2. Pain in the low back and knees due to LV/KD deficiency		

76. FU ZI + GAN JIANG 附子+乾薑 ☑ SI NI TANG

	FU ZI	COMMON	GAN JIANG
TASTE		acid	
NATURE	toxic	hot	
CHANNEL	KD	HT SP	LU ST
DOSE	3-15g		3-9g
INDICATION	1. Loss of consciousness, cold perspiration, cold limbs, and minute pulse due to Yang collapse 2. Pain and feeling of cold in the ST and abdomen, vomiting/diarrhea due to SP deficient Cold		

77. XIAN MAO + YIN YANG HUO 仙茅+淫羊藿 ☑ ER XIAN TANG

	XIAN MAO	COMMON	YIN YANG HUO
TASTE		acid	sweet
NATURE	hot, toxic		warm
CHANNEL		KD	LV
DOSE	3-9g		3-9g
INDICATION	1. Menopausal syndrome due to KD Yin/Yang deficiency 2. Hypertension accompanied by cold limbs, aversion to cold, weakness of back and knee		

78. DU ZHONG + XU DUAN 杜冲+續斷

	DU ZHONG	COMMON	XU DUAN
TASTE	sl acid	sweet	bitter, acid
NATURE	warm		sl warm
CHANNEL		KD LV	
DOSE	9-15g		9-18g
INDICATION	1. Aches/pains, stiffness, lumbar pain, and weakness of lower limbs due to LV/KD (sinew/bone) deficiency 2. Knee and lumbar pain due to Wind-Damp or trauma 3. Metrorrhagia during pregnancy , threatened miscarriage and lumbago due to KD deficiency		

79. TIAN MEN DONG + MAI MEN DONG 天門冬+麥門冬 ☑ TIAN WANG BU XIN DAN

	TIAN MEN DONG	COMMON	MAI MEN DONG
TASTE	bitter	sweet	sl bitter
NATURE	very cold		sl cold
CHANNEL	KD	LU	HT ST
DOSE	6-12g		6-15g
INDICATION	1. Dry mouth, thirst, dry cough with little phlegm, fever, and vexation due to Yin deficiency 2. Cough with hemoptysis due to heat damaging the network vessels of the LU 3. Upper Xiao Ke with excessive drinking, thirst, and dry throat due to LU Heat damaging the Fluids 4. Whooping cough damaging LU Yin		

80. GUI BAN + BIE JIA 龜板+鱉甲 ☑ DA DING FENG ZHU

	GUI BAN	COMMON	BIE JIA
TASTE	sweet	salty	
NATURE	cold		sl cold
CHANNEL	HT KD	LV	SP
DOSE	15-45g		9-30g
INDICATION	1. Tidal fever, steaming bones, and night sweats due to deficient heat caused by Yin deficiency 2. Weakness of limbs, trembling due to Warm disease damaging fluids and stirring LV Wind 3. Hypertension, headaches, vertigo, head distention, and tinnitus due to LV Yang rising 4. Abdominal congestion, such as hepatomegaly and splenomegaly		

81. MAI MEN DONG + XUAN SHEN 麥門冬+玄蔘

☑ TIAN WANG BU XIN DAN

	MAI MEN DONG	COMMON	XUAN SHEN
TASTE	sl bitter	sweet	salty, bitter
NATURE	sl cold		cold
CHANNEL	HT	LU ST	KD
DOSE	6-15g		9-15g
INDICATION	1. Xiao Ke (diabetes) accompanied by dry mouth and throat, red tongue, scanty tongue coating		

12. ASTRINGENT

82. HUANG QI + FANG FENG 黃耆+防風

☑ YU PING FENG SAN

	HUANG QI	COMMON	FANG FENG
TASTE		sweet	acid
NATURE		sl warm	
CHANNEL	LU	SP	UB LV
DOSE	9-15g		4.5-9g
INDICATION	1. Spontaneous sweating due to Wei Qi (Defensive Qi) deficiency 2. Tendency to catch cold frequently due to Wei Qi (Defensive Qi) deficiency		

83. HUANG QI + MU LI 黃耆+牡蠣

☑ MU LI SAN

	HUANG QI	COMMON	MU LI
TASTE	sweet		salty, astringent
NATURE	sl warm		cool
CHANNEL	LU SP		LV KD
DOSE	9-15g		9-30g
INDICATION	1. Spontaneous sweating due to Qi/Yang deficiency 2. Night sweating due to Yin deficiency 3. Spontaneous and night sweating due to Qi and Yin deficiency		

84. HUANG QI + FU ZI 黃耆+附子

☑ SAN FU TANG

	HUANG QI	COMMON	FU ZI
TASTE	sweet		acid
NATURE	sl warm		hot, toxic
CHANNEL	LU	SP	HT, KD
DOSE	9-15g (up to 30g)		3-15g
INDICATION	1. Cold spontaneous sweating accompanied by aversion to cold, cold limbs due to Yang deficiency		

85. FU XIAO MAI + HUANG QI 浮小麥+黃耆

☑ MU LI SAN

	FU XIAO MAI	COMMON	HUANG QI
TASTE	sl salty	sweet	
NATURE	cool		sl warm
CHANNEL	HT		LU SP
DOSE	15-30g		9-15g
INDICATION	1. Spontaneous perspiration due to exterior deficiency		

86. WU MEI + WU WEI ZI 烏梅+五味子

☑ JIU XIAN SAN

	WU MEI	COMMON	WU WEI ZI
TASTE	astringent	sour	sweet
NATURE		warm	
CHANNEL	LI LV SP	LU	HT KD
DOSE	6-12g		3-6g
INDICATION	1. Sweating: spontaneous sweating, night sweats 2. Xiao Ke (diabetes)		

87. LIAN ZI + QIAN SHI 蓮子+芡實

☑ JIN SUO GU JING WAN

	LIAN ZI	COMMON	QIAN SHI
TASTE		sweet, astringent	
NATURE		neutral	
CHANNEL	HT	SP KD	
DOSE	6-15g		9-15g
INDICATION	1. Chronic diarrhea due to SP deficiency 2. Leukorrhea due to SP deficient Damp 3. Spermatorrhea, nocturnal emission due to KD deficiency 4. Frequent urination, urinary incontinence due to KD deficiency		

88. ROU DOU KOU + BU GU ZHI 肉豆蔻+補骨脂

☑ SI SHEN WAN

	ROU DOU KOU	COMMON	BU GU ZHI
TASTE		acid	bitter
NATURE	warm		very warm
CHANNEL	LI ST	SP	KD
DOSE	3-9g		4.5-9g
INDICATION	1. Chronic diarrhea due to SP/KD Yang deficiency 2. Daybreak diarrhea with abdominal pain and rumbling noises due to SP/KD Yang deficiency		

89. HE ZI + CHEN PI 訶子+陳皮

	HE ZI	COMMON	CHEN PI
TASTE	sour, astringent	bitter	acid
NATURE	neutral		warm, aromatic
CHANNEL	LI	LU ST	SP
DOSE	3-9g		3-9g
INDICATION	1. Hoarse voice, loss of voice , and chronic cough with loss of voice and Phlegm in the throat		

13. CALM SHEN

90. LONG GU + MU LI 龍骨+牡蠣

☑ CHAI HU LONG GU MU LI TANG

	LONG GU	COMMON	MU LI
TASTE	sweet	astringent	salty
NATURE	neutral		cool
CHANNEL	HT	LV KD	
DOSE	15-30g		9-30g
INDICATION	1. Vexation, agitation, palpitations, insomnia, dizziness, and tinnitus due to LV Yang rising disturbing Shen 2. Hypertension due to Yin Deficiency causing LV Yang rising 3. Continuous diarrhea or dysentery (→Duan) 4. Urinary incontinence, spermatorrhea, vaginal discharge, and sweating due to deficiency (→Duan) 5. Pain and distention in the lateral costal region		

91. BAI ZI REN + SUAN ZAO REN 柏子仁+酸棗仁

☑ TIAN WANG BU XIN DAN / YANG XIN TANG

	BAI ZI REN	COMMON	SUAN ZAO REN
TASTE		sweet	sour
NATURE		neutral	
CHANNEL	KD LI	HT	LV GB SP
DOSE	3-9g		9-15g
INDICATION	1. Palpitations, profuse dreams, and insomnia due to HT Qi/Blood deficiency 2. Constipation with dry stools due to Blood deficiency or intestinal Fluid insufficiency		

92. SUAN ZAO REN + ZHI ZI 酸棗仁+梔子

	SUAN ZAO REN	COMMON	ZHI ZI
TASTE	sweet, sour		bitter
NATURE	neutral		cold
CHANNEL	GB SP	HT LV	LU ST SJ
DOSE	9-15g		6-9g
INDICATION	1. Insomnia , excessive dreams due to HT Fire 2. Nervous prostration, enervation		

93. BAI HE + ZHI MU 百合+知母

☑ BAI HE ZHI MU TANG

	BAI HE	COMMON	ZHI MU
TASTE	sl bitter	sweet	bitter
NATURE	sl cold		cold
CHANNEL	HT	LU	ST KD
DOSE	9-30g		6-12g
INDICATION	1. Vexation, agitation, insomnia, vertigo, thirst due to Yin deficiency with Heat 2. Dry mouth, irritability and agitation after Warm-febrile disease 3. Lily syndrome (百合症, <i>Golden Cabinet</i>)		

94. HUANG LIAN + E JIAO 黃連+阿膠

☑ HUANG LIAN E JIAO TANG

	HUANG LIAN	COMMON	E JIAO
TASTE	bitter		sweet
NATURE	cold		neutral
CHANNEL	HT LI ST	LV	KD LU
DOSE	1.5-9g		3-9g
INDICATION	1. Vexation, agitation and insomnia due to febrile disease, deficient fire, or HT and KD not communicating 2. Dysentery which damages Yin with pus and blood in the stools due to LI Damp-Heat		

95. SHI CHANG PU + YUAN ZHI 石菖蒲+遠志

☑ AN SHEN DING ZHI WAN

	SHI CHANG PU	COMMON	YUAN ZHI
TASTE		acid, bitter	
NATURE	warm, aromatic		sl warm
CHANNEL	ST	HT	LU
DOSE	3-9g		6-15g
INDICATION	1. Mental confusion, decrease of intellectual acuity , and insomnia due to Phlegm misting HT orifice		

14. EXTINGUISH LV WIND

96. SHI JUE MING + CI SHI 石決明+磁石

	SHI JUE MING	COMMON	CI SHI
TASTE		salty	acid
NATURE		cold	
CHANNEL		KD LV	
DOSE	15-30g		15-30g
INDICATION	1. Tinnitus, deafness, dizziness, headache, and hypertension due to LV Yang rising		

97. DI LONG + BAI JIANG CAN 地龍+白僵蠶

	DI LONG	COMMON	BAI JIANG CAN
TASTE		salty	acid
NATURE	cold		neutral
CHANNEL	UB SP	LV LU	
DOSE	4.5-15g		3-9g
INDICATION	1. Chronic headache due to Wind-Phlegm obstructing the channels 2. Convulsions and seizures with strong fever 3. Bell's palsy, trigeminal neuralgia , and hemiplegia due to lack of flow in the channels		

15. GYNECOLOGY

98. XIANG FU + YI MU CAO 香附子+益母草

	XIANG FU	COMMON	YI MU CAO
TASTE	sl bitter, sl sweet	acid	bitter
NATURE	neutral		sl cold
CHANNEL	SJ GB	LV	HT UB
DOSE	6-12g		9-30g
INDICATION	1. Irregular menstruation, PMS, postpartum abdominal pain due to LV Qi stagnation and Blood stasis		

99. AI YE + XIANG FU 艾葉+香附

AI FU NUAN GONG WAN

	AI YE	COMMON	XIANG FU
TASTE	bitter	acid	sl bitter, sl sweet
NATURE	warm		neutral
CHANNEL	SP KD	LV	SJ GB
DOSE	3-9g		6-12g
INDICATION	1. Irregular menstruation, leukorrhea, pain due to deficient Cold in Lower burner and LV Qi stagnation 2. Infertility due to deficient Cold in uterus		

100. HUANG QIN + BAI ZHU 黃芩+白朮

DANG GUI TANG

	HUANG QIN	COMMON	BAI ZHU
TASTE		bitter	sweet
NATURE	cold		warm
CHANNEL	GB LU LI	ST	SP
DOSE	3-9g		6-15g
INDICATION	1. Uterine bleeding, threatened miscarriage, and nausea during pregnancy caused by Heat or Damp-Heat		