

160 NCCAOM FORMULAS

	FORMULA	INDICATIONS
[1]	1 MA HUANG TANG	Exterior Wind-Cold of excess type
	2 GUI ZHI TANG	Exterior Wind-Cold of deficiency type
	3 GE GEN TANG	Exterior Wind-Cold of excess type with stiff neck
	4 XIAO QING LONG TANG	Exterior Wind-Cold with congested Phlegm-Fluid in the LU
	5 XIANG SU SAN	Exterior Wind-Cold with interior Qi stagnation
	6 SANG JU YIN	Exterior Wind-Heat causing cough; Wind-Heat causing eye disorders
	7 YIN QIAO SAN	Exterior Wind-Heat with Heat-Toxin; Toxic-Heat causing Boils and Sores
	8 CHAI GE JIE JI TANG	Exterior Wind-Cold (Taiyang) transforming into interior Heat (Yangming)
	9 SHENG MA GE GEN TANG	Early stage of rashes due to externally contracted Heat
	10 REN SHEN BAI DU SAN	Exterior Wind-Cold-Damp with interior Qi deficiency
	11 JIA JIAN WEI RUI TANG	Exterior Wind-Heat with Yin deficiency
[2]	12 DA CHENG QI TANG	Yangming organ syndrome causing severe constipation
	13 XIAO CHENG QI TANG	Moderate Yangming organ syndrome causing constipation
	14 TIAO WEI CHENG QI TANG	Mild Yangming organ syndrome causing mild constipation
	15 RUN CHANG WAN	Constipation due to Blood deficiency → Desiccated Intestines
	16 MA ZI REN WAN	Constipation due to Intestinal Dryness & Heat → Spleen Bind
	17 JI CHUAN JIAN	Constipation due to KD Yang deficiency
[3]	18 XIAO CHAI HU TANG	Shaoyang syndrome
	19 SI NI SAN	LV Qi stagnation overacting on the SP causing cold extremities (<i>Yang Jue</i>)
	20 XIAO YAO SAN	LV Qi stagnation with LV Blood & SP Qi deficiency
	21 TONG XIE YAO FANG	LV Qi stagnation overacting on the SP causing diarrhea with abdominal pain
	22 BAN XIA XIE XIN TANG	<i>Pi</i> syndrome due to Cold-Heat complex
	23 GAN CAO XIE XIN TANG	<i>Pi</i> syndrome due to severe ST Qi deficiency
	24 SHENG JIANG XIE XIN TANG	<i>Pi</i> syndrome due to Water-Heat complex
	[4]	25 BAI HU TANG
26 ZHU YE SHI GAO TANG		Qi-level Heat injuring the Qi & Fluid
27 QING YING TANG		Heat entering the Nutritive level
28 XI JIAO DI HUANG TANG		Heat entering the Blood level
29 HUANG LIAN JIE DU TANG		Fire-Toxin from excessive Heat in the Triple burners
30 XIE XIN TANG		Excess Heat in the Triple burners
31 PU JI XIAO DU YIN		Epidemic Toxin with Wind-Heat & Damp-Phlegm
32 LIANG GE SAN		Heat and clumping in the diaphragm region
33 QING WEN BAI DU YIN		Severe Fire in the Qi/Blood levels
34 MA XING SHI GAN TANG		Heat lodged in the LU
35 XIE BAI SAN		Constrained LU Heat causing wheezing
36 XIE HUANG SAN		Smoldering Fire in the SP/ST
37 QING WEI SAN		ST Heat accumulation
38 YU NU JIAN		ST Heat with Yin deficiency
39 DAO CHI SAN		HT Fire transferring to the SI
40 LONG DAN XIE GAN TANG		LV Fire blazing up; LV/GB Damp-Heat invading downward
41 ZUO JIN WAN		LV Fire burning ST causing LV & ST disharmony
42 SHAO YAO TANG		LI Damp-Heat with Qi & Blood stagnation causing dysentery
43 BAI TOU WENG TANG		Dysentery due to Toxic-Heat in the ST & Intestine
44 QING HAO BIE JIA TANG		Yin deficiency with Heat in the Ying level during later stage of febrile disease
45 QING GU SAN		KD/LV Yin deficiency leading to Steaming Bone disorder
46 DANG GUI LIU HUANG TANG		Yin deficiency with Empty-Heat causing night sweats
47 XIANG RU SAN		Exterior Cold with Interior Damp contracted in the summer
48 LIU YI SAN		Summer-Heat with interior Damp
[5]	49 LI ZHONG WAN	Deficiency-Cold of the SP/ST
	50 WU ZHU YU TANG	Deficiency-Cold of the ST (Yangming), LV (Jueyin), and KD (Shaoyin)
	51 XIAO JIAN ZHONG TANG	SP Yang deficiency with Cold causing abdominal pain
	52 DA JIAN ZHONG TANG	Middle Burner Yang deficiency (root) + Vigorous Yin-cold (manifestation)
	53 SI NI TANG	KD Yang deficiency with Cold-Evil in Shaoyin stage (<i>Yin Jue</i>); Yang collapse

[6]	54	DA CHAI HU TANG	Concurrent Shaoyang with Yangming syndromes
	55	GE GEN HUANG LIAN HUANG QIN TANG	Incompletely resolved exterior with interior excess Heat
[7]	56	SI JUN ZI TANG	SP/ST Qi deficiency
	57	SHEN LING BAI ZHU SAN	SP Qi deficiency & Damp causing diarrhea
	58	BU ZHONG YI QI TANG	SP/ST Qi deficiency causing intermittent fever; SP Qi sinking
	59	YU PING FENG SAN	Wei Qi deficiency causing sweating
	60	SHENG MAI SAN	Concurrent Qi & Yin deficiency, primarily of the LU
	61	SI WU TANG	Blood deficiency + Blood stasis
	62	DANG GUI BU XUE TANG	Blood & Qi deficiency with floating Yang
	63	SHAO YAO GAN CAO TANG	Blood deficiency with injury to the Fluids
	64	BA ZHEN TANG	Qi & Blood deficiency
	65	SHI QUAN DA BU TANG	Qi & Blood deficiency with mild Deficiency-Cold
	66	GUI PI TANG	SP Qi & HT Blood deficiency causing insomnia; SP Qi Not Controlling Blood
	67	ZHI GAN CAO TANG	Qi & Blood deficiency causing irregular pulse
	68	TAI SHAN PAN SHI SAN	Qi & Blood deficiency with unsecured Chong & Ren vessels
	69	LIU WEI DI HUANG WAN	KD & LV Yin deficiency
	70	DU QI WAN	Chronic wheezing disorders or spermatorrhea from KD deficiency
	71	QI JU DI HUANG WAN	Eye disorders due to LV & KD Yin deficiency
	72	ZHI BAI DI HUANG WAN	Empty-Heat due to KD & LV Yin deficiency
	73	ZUO GUI WAN	KD Yin/Essence deficiency for severe case (more potent)
	74	ZUO GUI YIN	KD Yin/Essence deficiency for moderate case (less potent)
	75	DA BU YIN WAN	Severe KD & LV Yin/Essence deficiency with Empty Heat
	76	YI GUAN JIAN	LV & KD Yin deficiency with mild LV Qi stagnation
	77	ER ZHI WAN	KD & LV Yin deficiency
	78	BAI HE GU JIN TANG	Internal Dryness of the LU
	79	JIN GUI SHEN QI WAN	KD Yang deficiency
	80	YOU GUI WAN	KD Yang/Essence deficiency for severe case (more potent)
	81	YOU GUI YIN	KD Yang/Essence deficiency for moderate case (less potent)
	82	ER XIAN TANG	KD Yin/Yang deficiency with Empty-Fire
	[8]	83	MU LI SAN
84		ZHEN REN YANG ZANG TANG	SP & KD Yang deficiency causing unremitting diarrhea
85		SI SHEN WAN	SP & KD Yang deficiency causing daybreak diarrhea
86		JIN SUO GU JING WAN	Spermatorrhea due to KD deficiency
87		SANG PIAO XIAO SAN	Qi deficiency of the KD & HT
88		SHOU TAI WAN	KD deficiency leading to instability of the Chong & Ren channels
89		GU JING WAN	Constrained LV Fire injuring Chong & Ren causing <i>Beng Lou</i> syndrome
90		WAN DAI TANG	Leukorrhea due to Dai/SP deficiency with Damp & Qi stagnation
[9]	91	TIAN WANG BU XIN DAN	HT & KD Yin deficiency with Empty-Fire
	92	SUAN ZAO REN TANG	LV Blood & HT Yin deficiency with Empty-Heat
	93	HUANG LIAN E JIAO TANG	Fire from Yin deficiency affecting Spirit
	94	GAN MAI DA ZAO TANG	HT Yin deficiency with LV Qi stagnation causing <i>Zang Zao</i> disorder
[10]	95	YUE JU WAN	Six Stagnations of Qi, Blood, Phlegm, Damp, Fire and Food
	96	CHAI HU SHU GAN SAN	LV Qi stagnation causing pain
	97	BAN XIA HOU PO TANG	LV Qi & Phlegm stagnation lodging in the throat causing Plum-pit syndrome
	98	LIANG FU WAN	LV Qi stagnation with ST Cold causing pain
	99	JIN LING ZI SAN	Pain due to LV stagnation with Heat
	100	TIAN TAI WU YAO SAN	Cold invading the LV channel causing Qi stagnation
	101	NUAN GAN JIAN	Cold from LV & KD deficiency
	102	SU ZI JIANG QI TANG	LU Cold-Phlegm (excess above) with KD Yang deficiency (deficiency below)
	103	DING CHUAN TANG	Internal LU Phlegm-heat with external Wind-Cold causing rebellious LU Qi
	104	XUAN FU DAI ZHE TANG	Rebellious ST Qi due to ST deficiency with Damp-Phlegm
	105	JU PI ZHU RU TANG	Rebellious ST Qi due to ST deficiency with Heat
	106	DING XIANG SHI DI TANG	Rebellious ST Qi due to ST Deficiency-Cold

[11]	107	TAO HE CHENG QI TANG	Accumulation of Blood stasis & Heat in the Lower burner
	108	XUE FU ZHU YU TANG	Blood stasis with Qi stagnation in the chest
	109	GE XIA ZHU YU TANG	Blood stasis with Qi stagnation in the Epigastrium
	110	SHAO FU ZHU YU TANG	Blood stasis with Cold stagnation in the Lower Abdomen
	111	SHEN TONG ZHU YU TANG	Blood stasis with Qi stagnation in the Channels/Collaterals
	112	BU YANG HUAN WU TANG	Hemiplegia due to Qi/Blood stagnation in the channels with Qi deficiency
	113	FU YUAN HUO XUE TANG	Blood stasis & Qi stagnation in the trunk due to trauma
	114	WEN JING TANG	Chong & Ren Deficiency-Cold with Blood stasis causing irregular menstruation
	115	SHENG HUA TANG	Blood & Cold stagnation causing postpartum lochial retention
	116	GUI ZHI FU LING WAN	Blood stasis in the uterus during pregnancy
	117	SHI XIAO SAN	Blood stasis in the lower abdomen causing pain
	118	DAN SHEN YIN	Blood & Qi stagnation in the Upper/Middle burners causing chest pain
	119	SHI HUI SAN	Acute bleeding due to LV & ST Fire with Blood Heat
	120	XIAO JI YIN ZI	Heat causing urinary bleeding
[12]	121	HUAI HUA SAN	Rectal bleeding due to LI Wind-Heat or Damp-Heat Toxin
	122	JIAO AI TANG	Uterine bleeding due to Chong & Ren Deficiency-Cold with Blood deficiency
	123	CHUAN XIONG CHA TIAO SAN	Headache from exterior Wind
	124	CANG ER ZI SAN	Wind causing nasal congestion or discharge
	125	XIAO HUO LUO DAN	Wind-Phlegm obstruction with Blood stasis in the channels & collaterals
	126	XIAO FENG SAN	Wind-Damp-Heat in the skin causing pruritis
	127	LING JIAO GOU TENG TANG	Heat from excess in the LV channel generating internal Wind
[13]	128	ZHEN GAN XI FENG TANG	LV Yang rising & internal Wind due to LV & KD Yin deficiency
	129	TIAN MA GOU TENG YIN	LV Yang rising; LV Yang rising causing Internal Wind
	130	XING SU SAN	Cool-Dryness
	131	SANG XING TANG	Warm-Dryness
	132	QING ZAO JIU FEI TANG	Dryness attacking the LU
	133	MAI MEN DONG TANG	LU/ST Qi & Yin deficiency
[14]	134	PING WEI SAN	Damp-Cold stagnation in the SP/ST
	135	HUO XIANG ZHENG QI SAN	Damp stagnation in the Middle burner + External Wind-Cold
	136	YIN CHEN HAO TANG	Jaundice due to LV/GB Damp-Heat
	137	BA ZHENG SAN	Damp-Heat clumping in the Lower burner
	138	ER MIAO SAN	Damp-Heat lodging in Lower burner
	139	WU LING SAN	Water-Damp retention marked by edema; Taiyang Fu syndrome
	140	ZHU LING TANG	Water & Heat retention in the UB with Yin injury
	141	WU PI SAN	SP Qi deficiency with excessive Damp causing skin edema (<i>Pi Shui</i>)
	142	LING GUI ZHU GAN TANG	LU Damp-Phlegm or Phlegm-fluid (<i>Tan Yin</i>) syndrome
	143	ZHEN WU TANG	KD & SP Yang deficiency causing Water retention
	144	SHI PI YIN	Yin edema due to SP & KD Yang deficiency
	145	BI XIE FEN QING YIN	Cloudy urination due to KD Yang Deficiency-Cold
	146	QIANG HUO SHENG SHI TANG	Acute <i>Bi</i> syndrome due to Wind-Damp in the channel and muscle layer
	147	JUAN BI TANG	Acute <i>Bi</i> syndrome due to Wind-Cold-Damp
	148	DU HUO JI SHENG TANG	Chronic <i>Bi</i> syndrome with LV/KD deficiency & Qi/Blood deficiency
	149	GUI ZHI SHAO YAO ZHI MU TANG	Recurrent painful obstruction with localized Heat
[15]	150	ER CHEN TANG	Damp-Phlegm syndrome in the Middle burner or LU
	151	WEN DAN TANG	GB & ST disharmony with Phlegm-Heat
	152	QING QI HUA TAN WAN	LU Phlegm-Heat causing cough
	153	BEI MU GUA LOU SAN	LU Dry-Phlegm causing cough
	154	SAN ZI YANG QIN TANG	LU Phlegm-Cold with Qi stagnation
	155	BAN XIA BAI ZHU TIAN MA TANG	Internal Wind-Phlegm rising upward causing dizziness/vertigo
	156	ZHI SOU SAN	External Wind attacking the LU causing cough
[16]	157	BAO HE WAN	Food retention in the Middle burner
[17]	158	WU WEI XIAO DU YIN	All types of boils and carbuncles due to accumulation of Toxic-Heat
	159	YANG HE TANG	Yin-type (deep-rooted) localized swelling due to Blood & Yang deficiency
	160	WEI JING TANG	Lung abscesses from Toxic-Heat accompanied by Phlegm and Blood stasis