

POINT SELECTIONS FROM FCM (2nd EDITION)

MACIOCIA POINT SELECTIONS by ZANGFU PATTERNS

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**The formulas in bold print are for CALE or NCCAOM.*



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☯ LIVER PATTERN IDENTIFICATION ☯

	EXCESS					DEFICIENCY	EXCESS + DEFICIENCY	
	QI STAGNATION	BLOOD STASIS	FIRE	DAMP-HEAT	COLD	BLOOD	YANG RISING	INTERNAL WIND
ACUPUNCTURE	LV3 (Move LV Qi & Blood) GB34 (Move LV Qi)		LV2 (Drain LV Fire) LI11 (Clear Heat) LV3 (Drain LV Fire) GB20 (Drain LV Fire)	GB34 (LV/GB Damp) LV2 (Clear LV Heat) LI11 (Damp-Heat) SP9 (Resolve Damp) SP6 (Resolve Damp)	LV1 (Clear LV Channel) LV3 (Resolve spasm) LV5 (For Genitals) RN3 (Cold, Moxa)	LV8 (Tonify LV Blood) UB18 (Tonify LV Blood) ST36 (Tonify SP) SP6 (Tonify SP) UB20 (Tonify SP) UB23 (Tonify KD) RN4 (For menstrual) UB17 (Nourish Blood) Yuyao (Local for vision)	LV3 (Subdue LV Yang) SJ5 (For headache) PC6 (Calm Mind) LI4 (Regulate Qi) GB20 (Subdue LV) GB43 (Water point) GB38 (Fire point) LV8 (Nourish LV Yin) ST36 (Nourish LV Yin) SP6 (Nourish LV Yin) KD3 (Nourish KD Yin) KD6 (Nourish KD Yin) UB2, Taiyang (local) GB6, GB8, GB9 (local)	LV3 (Extinguish Wind) GB20 (Extinguish Wind) DU16 (Extinguish Wind) DU20 (Extinguish Wind)
	SJ6 (For side of body) PC6 (For emotion) LV13 (For LV→SP) LV14 (For LV→ST)	UB18 (Move LV Blood) UB17 (Blood Hui point) SP10 (Move Blood) RN6 (For abdomen) ST29 (For Uterus Blood) SP4+PC6 (For Chong) KD14 (Chong point) LV5+LV6 (LV Qi/Blood)	Taiyang (For headache) GB13 (Calm Mind) GB1, GB6 (Local pt) GB8, GB9 (Local pt) SP6 (Nourish Yin) LV1 (Subdue LV Yang)	SP6 (Resolve Damp) LV14 (LV Front-Mu) UB18 (LV Back-Shu) RN12 (Tonify SP)			① Extreme Heat DU8 (Stop convulsions) Shixuan (Wind, Bleed) DU14 (Wind, Bleed)	
FORMULA	•Yue Ju Wan •Xiao Yao San	•Ge Xia Zhu Yu Tang •Shi Xiao San •Yan Hu Suo Tang	•Long Dan Xie Gan T. •Dang Gui Long Hui T.	•Long Dan Xie Gan T.	•Nuan Gan Jian	•Bu Gan Tang	•Tian Ma Gou Teng Y. •Ling Jiao Gou Teng T.	① Ling Jiao Gou Teng ② Zhen Gan Xi Feng T. ③ E Jiao Zi Ji Huang
KEY SYMPTOMS	Feeling of distension, depression, moodiness, wiry pulse	Dark and clotted menstrual blood, purple tongue	Headache, irritability, red face, red eyes, red tongue with yellow coating	Fullness of hypochondrium and abdomen, feeling of heaviness, nausea, bitter and sticky taste, sticky yellow coating, slippery pulse	Hypogastric pain referring to scrotum, cold hands and feet, wiry-deep-slow pulse	Blurred vision, scanty periods, dull-pale complexion, pale tongue	Headache, irritability, wiry pulse	① High temperature, convulsions, stiff tongue ② Sudden unconsciousness, convulsions, deviation of eye/mouth ③ Shaking of head, tremors, pale tongue

☯ GALL BLADDER PATTERN IDENTIFICATION ☯

	EXCESS	DEFICIENCY
	DAMP-HEAT	GB
ACUPUNCTURE	<p>GB34 (Clear GB Damp-Heat)</p> <p>LI11 (Clear Damp-Heat)</p> <p>GB24 (Resolve GB Damp, Front-Mu)</p> <p>UB19 (Resolve GB Damp, Back-Shu)</p> <p>Dannangxue (Resolve GB Damp, Cholecystitis)</p> <p>DU9 (Resolve GB Damp, Jaundice)</p> <p>LV14 + SJ6 (Soothe LV Qi, For Hypochondrial pain)</p> <p>UB20 + RN12 (Tonify SP to resolve Damp)</p> <p>ST19 (Descend ST Qi, For nausea and vomiting)</p> <p>For LV/GB DAMP-HEAT, Add:</p> <p>LV3 (Soothe LV Qi)</p> <p>LV5 (Soothe LV Qi, Resolve Damp in the genital area)</p> <p>UB18 (Resolve Damp from LV, Back-Shu)</p>	<p>GB40 (Source point, Effect on mental aspect)</p> <p>UB47 (Regulate Ethereal Soul, Effect on mental aspect, LV Outer-Shu)</p> <p>UB18 (Tonify LV, LV Back-Shu)</p> <p>LV8, ST36, SP6 (Tonify LV Blood)</p> <p>RN4 (Tonify LV)</p>
FORMULA	<ul style="list-style-type: none"> • Yin Chen Hao Tang • LV/GB DAMP-HEAT: Long Dan Xie Gan Tang 	<ul style="list-style-type: none"> • Wen Dan Tang • An Shen Ding Zhi Wan
KEY SX	<p>Hypochondrial fullness, bitter taste and thick sticky yellow coating on right side</p>	<p>Timidity, lack of initiative, indecision</p>

HEART PATTERN IDENTIFICATION

	DEFICIENCY				EXCESS			DEFICIENCY+EXCESS
	QI	YANG	BLOOD	YIN	FIRE	PHLEGM-FIRE	PHLEGM	BLOOD STASIS
ACUPUNCTURE	PC6 (Tonify HT, Calm Mind)				HT8 (Clear HT Fire) HT9 (Clear HT Fire) LI11 (Clear Heat) HT7 (Calm Mind) RN15 (Calm Mind) DU24 (Calm Mind) DU19 (Calm Mind) SP6 (Promote Yin) KD6 (Promote Yin)	HT9 (Open HT orifice) PC5 (Resolve HT Phlegm, Open orifice) ST40 (Resolve phlegm) RN12 (Tonify SP to resolve Phlegm) UB20 (Tonify SP to resolve Phlegm) UB15 (Clear HT, Stimulate speech)		PC6 (Move HT Blood) PC4 (For chest pain) HT7 (Calm Mind) RN17 (Move Qi/Blood) UB14 (Move HT Blood) UB17 (Move Blood) SP10 (Move Blood) KD25 (Local point)
	HT5 (Tonify HT Qi) UB15 (Tonify HT Qi, Back-Shu) RN17 (Qi Hui-Gathering Point) RN6 (Tonify whole body Qi) DU14 (Tonify HT Qi/Yang, Moxa)		HT7 (Nourish HT, Calm Mind) RN14 (Tonify HT, For anxiety) RN15 (Tonify HT, For anxiety) RN4 (Tonify Blood/Yin, Ground Mind)			HT8 (Clear HT Fire) LV2 (Subdue Fire) RN15 (Pacify Mind) HT7 (Calm Mind) PC7 (Calm Mind) SP6 (Calm Mind) DU20 (Consciousness) DU24 (Calm Mind) GB13 (Calm Mind) GB17 (Open Orifice)		
		POINTS for YANG COLLAPSE: RN4,6,8 (Rescue Yang) DU20 (Rescue Yang) DU4,UB23 (KD Yang) ST36,PC6 (HT Yang) DU14,UB15 (HT Yang)	UB17 (Blood Hui Pt) UB20 (Tonify SP)	SP6 (Nourish Yin, Calm) HT6 (For night sweat) KD7 (For night sweat)				
FORMULA	• Bao Yuan Tang	• Rou Fu Bao Yuan T YANG COLLAPSE: • Shen Fu Tang	• Shen Qi Si Wu T.	• Tian Wang Bu Xin Dan	•Xie Xin Tang	•Wen Dan Tang	•Di Tan Tang	•Xue Fu Zhu Yu T.
KEY SX	Palpitations, tiredness, empty pulse	Palpitations, cold hands, deep-week pulse YANG COLLAPSE: Cyanosis of lips, hidden-minute pulse, cold limbs	Palpitations, insomnia, poor memory, pale tongue	Palpitations, mental restlessness, night sweating, feeling of heat, malar flush, red peeled tongue with deep midline crack	Tongue ulcers, thirst, palpitations, red tongue	All the various mental symptoms, red tongue with sticky yellow coating	Mental confusion, rattling sound in throat, swollen tongue with sticky coating	Stabbing pain in the chest, cyanosis of lips, purple tongue

☯ SMALL INTESTINE PATTERN IDENTIFICATION ☯

	EXCESS				DEFICIENCY
	HEAT	QI PAIN	QI TIED	WORMS	DEFICIENT COLD
ACUPUNCTURE	ST39 (Lower He-Sea point of SI, For abdominal pain)			Not applicable. Herbal Tx. is the treatment of choice.	ST39 (Lower He-Sea point of SI) UB27 (Expel Cold, Back-Shu of SI) ST25 (Stop diarrhea) RN6 (For Empty-Cold, Moxa) ST36 (Tonify Yang, Moxa) UB20 (Tonify SP Yang)
	SI2 (Clear SI Heat, Water point) SI5 (Clear SI Heat, Fire point) HT5 (Clear HT Fire, Connect HT&SI) HT8 (Clear HT Fire)	RN6 (Move Qi in Lower Burner, Relieve pain) GB34 (Move Qi in Lower Burner, Relieve pain) LV3 (Relive LV Qi stagnation) SP6 (Stop abdominal pain)	LV13 (Harmonize LV&SP, For chronic) ST27 (Move Qi in lower abdomen) ST29 (Move Qi in lower abdomen)		
FORMULA	<ul style="list-style-type: none"> •Dao Chi San •Dao Chi Qing Xin Tang 	<ul style="list-style-type: none"> •Chai Hu Shu Gan Tang 	<ul style="list-style-type: none"> •Zhi Shi Dao Wan •Tian Tai Wu Yao San 	<ul style="list-style-type: none"> •Li Zhong An Hui Tang •Lian Mei An Hui Tang •Hua Chong Wan •Qu Tiao Tang 	<ul style="list-style-type: none"> •Xiao Jian Zhong Tang •Shen Ling Bai Zhu San
KEY SX	Abdominal pain, tongue ulcer, scanty-dark-painful urination	Lower abdominal twisting pain, borborygmus, deep-wiry pulse	Sudden severe abdominal pain, constipation, vomiting, deep-wiry pulse	Roundworm: abdominal pain, Pinworm: itchy anus Tapeworm: constant hunger Hookworm: desire to eat strange objects	Dull abdominal pain, borborygmi, diarrhea

☯ SPLEEN PATTERN IDENTIFICATION ☯

	DEFICIENCY				EXCESS	
	QI	YANG	QI-SINKING	NOT CONTROLLING BLOOD	COLD-DAMP	DAMP-HEAT
ACUPUNCTURE	<p>ST36 (Tonify SP, Yang Earth Horary)</p> <p>SP3 (Tonify SP, Yin Earth Horary, Yuan-source)</p> <p>SP6 (Tonify SP)</p> <p>RN12 (Tonify SP)</p> <p>UB20 (Tonify SP)</p> <p>UB21 (Tonify ST)</p>				<p>SP9 (Resolve Damp)</p> <p>SP6 (Resolve Damp)</p> <p>UB20 (Tonify SP)</p> <p>RN9 (Resolve Damp, Stimulate T&T)</p> <p>RN11 (For Middle Burner Damp)</p> <p>ST22 (For Middle Burner Damp)</p> <p>ST28 (For Lower Burner Damp)</p> <p>UB22 (For Lower Burner Damp)</p>	
		<p>SP9 (Resolve Dampness)</p> <p>RN9 (Stimulate SP to T&T)</p> <p>ST28 (Stimulate SP to T&T)</p> <p>UB22 (Stimulate SP to T&T)</p>	<p>DU20 (Raise Qi, Moxa)</p> <p>RN6 (Tonify & Raise Qi)</p> <p>ST21 (For stomach prolapse)</p> <p>DU1 (For anus prolapse)</p>	<p>SP10 (Hold blood in vessels)</p> <p>UB17 (Stop bleeding)</p> <p>SP1 (For uterine bleeding, Moxa)</p> <p>SP4 (Stop bleeding relate to SP)</p>	<p>SP3 (Resolve Damp)</p> <p>RN12 (Tonify SP)</p> <p>ST8 (For Damp of head)</p>	<p>LI11 (Clear Damp-Heat)</p> <p>DU9 (Resolve Damp-Heat)</p> <p>GB34 (Resolve Damp-Heat)</p>
FORMULA	<ul style="list-style-type: none"> •Si Jun Zi Tang •Liu Jun Zi Tang 	<ul style="list-style-type: none"> •Li Zhong Wan 	<ul style="list-style-type: none"> •Bu Zhong Yi Qi Tang 	<ul style="list-style-type: none"> •Gui Pi Tang 	<ul style="list-style-type: none"> •Ping Wei San 	<ul style="list-style-type: none"> •Lian Po Yin
KEY SX	Poor appetite, tiredness, loose stools	Loose stools, feeling cold, cold limbs and tiredness	Bearing down sensation, weak pulse	Fine pulse, pale tongue, bleeding	Abdominal fullness, feeling of heaviness, sticky white tongue coating	Abdominal fullness, feeling of heaviness, sticky yellow tongue coating

☯ STOMACH PATTERN IDENTIFICATION ☯

	DEFICIENCY			EXCESS				
	QI	DEFICIENT COLD	YIN	FIRE (or PHLEGM-FIRE)	COLD invading	QI rebellion	FOOD retention	BLOOD stasis
ACUPUNCTURE	ST36 + RN12 (Tonify ST)			ST21 (Descend ST Qi)				
	UB21 (Tonify ST, Back-Shu) RN6 (Tonify Qi in general)		SP6 (Nourish ST Yin) SP3 (Nourish Fluids)	ST34 (Xi-cleft point) RN13 (Descend ST Qi)		RN10 (Descend ST Qi) PC6 + SP4 (Regulate ST Qi)		
		UB20 (Tonify SP Qi)		ST44 (Clear ST Heat) LI11 (Clear Heat) RN12 (Regulate ST Qi) LI4 (Clear ST Heat) RN11 (Clear ST Heat) SP15 (For constipation)	SP4 (Expel ST Cold)	ST19 (Descend ST Qi) RN13 (Descend ST Qi)	ST44 (Resolve Food) ST45 (Resolve Food) RN13 (Descend ST Qi)	ST34 (Xi-cleft point) SJ6+GB34 (Move Qi) UB17+SP10 (Blood) LI4 (Descend ST Qi) RN11 (Descend ST Qi)
FORMULA	•Si Jun Zi Tang	•Huang Qi Jian Zhong Tang •Xiao Jian Zhong T.	•Sha Shen Mai Dong Tang •Shen Ling Bai Zhu San •Yi Wei Tang	•Tiao Wei Cheng Qi Tang •Qing Wei San •Liang Ge San	•Liang Fu Wan	•Ding Xiang Shi Di T. •Huo Xiang Zheng Qi San •Ban Xia Hou Po T.	•Bao He Wan •Zhi Shi Dao Zhi W.	•Shi Xiao San •Dan Shen Yin •Ge Xia Zhu Yu T. •Tong You Tang
KEY SX	Tiredness in the morning, uncomfortable feeling in the epigastrium, empty pulse on the ST position	Discomfort in the epigastrium that is better after eating, tiredness, cold limbs	Dull epigastric pain, dry mouth, tongue without coating or with rootless coating in the center	Burning sensation in the epigastrium, thirst with a desire to drink cold liquids, thick yellow coating, red tongue PHLEGM-FIRE: Less thirst, mucus in stools, mental derangement, sticky coating, rolling pulse	Sudden pain in the epigastrium, vomiting, feeling cold, deep-tight pulse	Nausea, belching, vomiting, hiccup	Epigastric fullness, sour regurgitation, thick tongue coating	Stabbing pain in the epigastrium, vomiting of dark blood

☯ LUNG PATTERN IDENTIFICATION ☯

	DEFICIENCY			EXCESS					
	QI	YIN	DRYNESS	WIND-COLD	WIND-HEAT	WIND-WATER	DAMP-PHLEGM	PHLEGM-HEAT	PHLEGM-FLUIDS
ACUPUNCTURE	LU9 (Tonify LU, Yuan-source)			LU7 (Expel Wind, Regulate LU Qi/Water) UB12 (Expel Wind)			ST40 (Resolve Phlegm), LU5 (Clear LU Phlegm) UB13 (Descend LU Qi), RN12 (Tonify SP)		
	LU7 (Descend Qi) RN6 (Tonify Qi) ST36 (SP, Mom) RN12 (SP, Mom) DU12 (For chronic) UB13 (Tonify LU)	RN4 (Tonify KD Yin) KD6 (Tonify KD Yin, For throat) SP6 (Nourish Fluids) RN12 (Tonify ST, origin of Fluids) RN17 (Tonify LU) DU12 (For chronic) UB13 (Tonify LU) UB43 (For chronic) LU10 (Clear Heat) LU11 (Clear Heat)	ST36 (Nourish Fluids)	DU16 (Expel Wind)	LI4 (Expel Wind) DU16 (Expel Wind) GB20 (Wind-Heat) DU14 (Wind-Heat) SJ5 (Wind-Heat) LI11 (Wind-Heat) LU11 (For throat)	LI4 (Expel Wind) LI6 (Water passages) LI7 (Xi-cleft, Acute) RN9 (For edema) DU26 (Facial edema) UB13 (Descend LU)	LU7 (Descend LU Qi) LU1 (Clear LU, Front-Mu)	RN22 (Stop cough) RN17 (Descend Qi) RN9 (Promote T&T) PC6 (Open chest) UB20 (Tonify SP)	LU10 (Clear LU) LI11 (Clear Heat)
FORMULA	•Ren Shen Bu Fei Tang	•Yang Yin Qing Fei Tang	•Bai He Gu Jin Tang	•Ma Huang Tang	•Sang Ju Yin	•Xiao Qing Long Tang	•Er Chen Tang	•Wen Dan Tang •Qing Qi Hua Tan Wan	•Liang Gan Wu Wei Jiang Xin Tang
KEY SX	Shortness of breath, weak voice, empty pulse	Dry cough, weak-hoarse voice, dry throat, night sweating, red without coating	Dry cough, dry throat, hoarse voice, dry tongue that is not red	Aversion to cold, sneezing, floating pulse	Fever, aversion to cold, sore throat, floating-rapid pulse	Sudden swelling of face, aversion to wind, floating-slippery pulse	Chronic cough with profuse white sputum, thick sticky white tongue coating	Cough, yellow or green sputum, thick-sticky yellow coating, rapid-slippery pulse	Cough with white watery frothy sputum

☯ LARGE INTESTINE PATTERN IDENTIFICATION ☯

	EXCESS				DEFICIENCY		
	DAMP-HEAT	HEAT	HEAT OBSTRUCT	COLD	DRY	COLD	COLLAPSE
ACUPUNCTURE	ST37 + ST25 (Lower He-Sea + Front-Mu) SP6 (Regulate Lower Burner)				ST36 (Regulate abdomen) ST25 (Regulate Intestine, Front-Mu)		
	LI11 (Clear Heat) UB25 (Regulate LI, Back-Shu)		ST36 (Expel Cold, Moxa) LV3 (Move Qi, Calm spasm) ST27 (Expel Cold)		SP6 (Promote Fluids) KD6 (Promote Fluids) RN4 (Promote Fluids) SP15 (Moisten Intestine)	RN6 (Tonify Qi) UB20 (Tonify SP Qi)	
	SP9 (Resolve Damp) RN3 (Lower Burner Damp) UB22 (Lower Burner Damp) RN12 (Tonify SP) UB20 (Tonify SP) ST27 (For abdominal pain) RN6 (Move Qi) SP10 (Stop bleeding)	LI2 (Clear Heat, Water pt) ST44 (Clear ST Heat)		KD6 (Promote Fluids) RN12 (Promote Fluids)	LI4 (Clear LI Heat) SJ6 (For constipation) SP15 (For constipation)	ST37 (Stop diarrhea) UB25 (Diarrhea, Back-Shu)	SP3 (Tonify SP) UB21 (Tonify ST) DU20 (Raise Qi, Moxa)
FORMULA	•Ge Gen Qin Lian Tang •Bai Tou Weng Tang •Shao Yao Tang	•Ma Zi Ren Wan	•Tiao Wei Cheng Qi T.	•Lang Fu Wan + Zheng Qi Tian Xiang S.	•Zeng Ye Tang •Qing Zao Run Chang T •Wu Ren Wan •Tian Di Jian •Si Wu Ma Zi Ren W. •Mai Zi Ren Wan	•Liang Fu Wan	•Bu Zhong Yi Qi Tang
KEY SX	Abdominal pain, diarrhea with mucus and blood in the stools	Dry stools, burning sensation in anus, thick yellow dry coating	Constipation, abdominal pain, fever, thick dry yellow tongue coating	Sudden abdominal pain, diarrhea, feeling of cold	Dry stools that are difficult to discharge, thin body	Loose stool, dull abdominal pain, cold limbs	Chronic diarrhea, prolapse ani

☯ KIDNEY PATTERN IDENTIFICATION ☯

	DEFICIENCY					DEFICIENCY + EXCESS	
	YIN	YANG	QI NOT FIRM	NOT RECEIVING QI	ESSENCE	YANG XU + WATER	YIN XU + EMPTY-FIRE
ACUPUNCTURE	KD3 (Tonify KD, Yuan-source), RN4 (Tonify KD)					DU4 (Tonify Life-gate)	KD2 (Clear Empty-Heat)
	LU7+KD6 (Tonify KD Yin) KD9 (For anxiety) KD10 (Tonify KD Yin) SP6 (Tonify KD, Calm Mind) RN7 (Nourish Yin)	DU4 (Tonify KD, Moxa), UB23 (Tonify KD, Back-Shu)				DU4 (Tonify Life-gate)	KD2 (Clear Empty-Heat)
		UB52 (Tonify KD, For Will-power) Jinggong (Tonify KD, For Essence)	KD6 (Tonify KD Yin/Essence)			KD7 (Tonify KD Yang)	KD3 (Tonify KD)
	RN6 (Tonify KD) KD7 (Tonify KD Yang)	RN6 (Tonify & firm Qi) DU20 (Raise Qi) KD13 (Tonify sperm gate) UB32 (Firm sexual organs)	RN6 (Tonify KD Qi) RN17 (Descend LU Qi) KD13 (Tonify KD) KD25 (Improve breathing) LU7 (Desend LU Qi) KD7 (Tonify KD) ST36 (For chronic cases) DU12 (Tonify LU Qi) UB13 (Tonify LU Qi)	GB39 (Marrow Hui Point) UB11 (Bone Hui Point) KD13 (Tonify KD Essence) UB15 (Tonify HT & Brain) DU14 (For Brain Marrow) DU16 (For Brain Marrow) DU17 (For Brain Marrow) DU20 (For Brain Marrow)	UB23 (Tonify KD Yang) UB20 (Tonify SP Yang) UB22 (Back-Shu of SJ) SP6 (Resolve Damp) SP9 (Resolve Damp) RN9 (Resolve Damp) ST28 (Water passage)	KD6 (Nourish KD Yin) KD10 (Nourish KD Yin) KD9 (KD Yin, Calm Mind) SP6 (KD Yin, Calm Mind) RN4 (KD Yin, Calm Mind) HT5 (Conduct Heat down) LU7 (Conduct Heat down) LU10 (Clear LU Heat) HT6 (Clear HT Heat) DU24 (Calm Mind) LI11 (Clear Heat)	
FORMULA	•Zuo Gui Wan •Liu Wei Di Huang W.	•You Gui Wan •Jin Gui Shen Qi Wan	•You Gu Wan + Huang Qi, Qian Shi •Jin Suo Gu Jing Wan •Fu Tu Dan	•You Gui Wan + Dong Chong Xia Cao, Wu Wei Zi •Shen Ge San •Su Zi Jiang Qi Tang	•Zuo Gui Wan	•Jin Gui Shen Qi Wan + Wu Ling San	•Liu Wei Di Huang W. + Di Gu Pi, Zhi Mu
KEY SX	Backache, night sweating, floating-empty pulse	Backache, feeling of cold, abundant clear urination, pale tongue, deep pulse	Dribbling after urination, chronic vaginal discharge, backache	Shortness of breath on exertion, lower backache, clear urination	•Children: Poor bone development •Adult: weak knees, falling hair, weak sexual activity	Edema of ankles, deep-weak pulse, pale swollen tongue •Water → HT: + palpitation •Water → LU: + thin-watery-frothy sputum	Malar flush, dizziness, tinnitus, feeling of heat in the afternoon, red-peeled tongue

☯ BLADDER PATTERN IDENTIFICATION ☯

	EXCESS		DEFICIENCY
	DAMP-HEAT	DAMP-COLD	DEFICIENT COLD
ACUPUNCTURE	UB28 (UB Back-Shu) RN3 (UB Front-Mu)		
	SP9 (Resolve Damp), SP6 (Resolve Damp), UB22 (Water passage, SJ Back-Shu), ST28 (Resolve Damp, Water passage)	RN9 (Resolve Damp, Water passage)	UB23 (Tonify KD & UB, Moxa) DU4 (Tonify KD & UB, Moxa) RN4 (Strengthen Yang, Moxa) RN6 (Tonify Qi in Lower Burner) DU20 (Tonify & lift Qi, For enuresis or incontinence)
FORMULA	•Ba Zheng San	•Shi Wei San	•Suo Quan Wan •Sang Piao Xiao Wan •Tu Si Zi Wan
KEY SX	Burning on urination, dark urine, difficult urination	Difficult urination, feeling of heaviness, pale turbid urine	Frequent pale abundant urination, deep-week pulse

☯ COMBINED PATTERN IDENTIFICATION ☯

	LIVER			SPLEEN			KIDNEY			
	LV ⇒ SP	LV ⇒ ST	LV FIRE ⇒ LU	SP & LU QI XU	SP Qi & LV BLOOD XU	SP DAMP + LV QI STAG.	KD & LV YIN XU	KD & LU YIN XU	KD&HT NOT HARMONIZED	KD & SP YANG XU
ACUPUNCTURE	LV14 (For LV⇒SP/ST, LV Front-Mu) GB34 (Move LV Qi) ST36 (Tonify SP/ST)		LV2 (Clear LV Fire) LV3 (Subdue LV) LI11 (Clear Heat) PC6 (For chest) LV14 (For chest)	ST36 (Tonify SP, Earth Horary) SP3 (Tonify SP, Earth Horary) UB20 (Tonify SP, SP Back-Shu) UB21 (Tonify SP, ST Back-Shu) RN12 (Tonify SP, ST Front-Mu)		UB20 (Tonify SP) RN12 (Tonify SP) SP9 (For Damp) SP6 (For Damp) SP3 (For Damp)	KD3 (Tonify KD, Yuan-source)			
	LV13 (For LV⇒SP) LV3 (Move LV Qi) RN6 (Abdomen) SJ6 (Move LV Qi) PC6 (LV Qi, Mind) SP4 (Chong Mai) RN12 (Tonify SP) SP6 (Tonify SP) ST25 (For Stool) SP15 (For Stool)	RN13 (↓ST Qi) RN10 (↓ST Qi) ST21 (↓ST Qi) ST19 (↓ST Qi) ST34 (For pain) UB21 (For chronic)	RN22 (↓LU Qi) RN17 (↓LU Qi) LU7 (↓LU Qi)	SP6 (Tonify SP) RN6 (Tonify Qi) LU7 (Descend LU) LU9 (Tonify LU) UB13 (Tonify LU) DU12 (Chronic)	LV8 (Tonify LV) SP6 (Tonify LV) UB18 (Tonify LV) UB23 (Tonify KD) RN4 (Tonify Blood) UB17 (Blood Hui)	ST19 (For Damp) GB34 (For LV Qi) LV3 (For LV Qi) LV13 (For LV Qi) LV14 (For LV Qi) GB24 (For LV Qi)	UB23 (For KD Yin) KD13 (For KD Yin) LV8 (Tonify LV Yin) UB10 (Headache)	LU7(+KD6, ↑Yin) KD13 (For KD Yin) UB43 (For chronic) LU9 (Tonify LU Yin) LU1 (Stop cough)	HT5 (Empty-Heat) HT6 (Night sweat) KD7 (Night sweat) UB15 (Back-Shu) RN15 (Calm Mind) HT7 (Calm Mind) KD9 (Calm Mind) KD10 (For KD Yin) Yintang (Mind) DU24 (Calm Mind)	KD7 (KD Yang) DU4 (KD Yang) RN4 (Yang, Moxa) RN6 (Yang, Moxa) UB23 (KD Yang) UB52 (Will-power) Jinggong (Will) UB20 (SP Yang) UB21 (SP Yang) RN12 (SP Yang) ST36 (SP Yang) SP3 (SP Yang) RN9 (Promote T&T) ST37 (Diarrhea) ST25 (Diarrhea) UB25 (Diarrhea)
FORMULA	<ul style="list-style-type: none"> •Xiao Yao San 	<ul style="list-style-type: none"> •Si Mo Tang •Xuan Fu Dai Zhe Tang •Ju Pi Zhu Ru Tang 	<ul style="list-style-type: none"> •Long Dan Xie Gan Tang 	<ul style="list-style-type: none"> •Si Jun Zi Tang •Liu Jun Zi T. 	<ul style="list-style-type: none"> •Gui Pi Tang 	<ul style="list-style-type: none"> •Ping Wei San + Mu Xiang, Xiang Fu •Huo Xiang Zheng Qi San + Mu Xiang, Xiang Fu •Yi Jia Jian Zheng Qi San 	<ul style="list-style-type: none"> •Zuo Gui Wan •Qi Ju Di Huang Wan 	<ul style="list-style-type: none"> •Ba Xian Chang Shou Wan 	<ul style="list-style-type: none"> •Tian Wang Bu Xin Dan 	<ul style="list-style-type: none"> •Li Zhong Wan + Jin Gui Shen Qi Wan
KEY SX	Alternation of constipation and diarrhea, abdominal distension/pain, wiry pulse	Irritability, hypochondriac pain, rebellious Stomach Qi symptoms	Breathlessness, asthma, hypochondriac fullness, headache, wiry pulse	No appetite, tiredness, breathlessness	Loose stools, scanty periods, blurred vision, pale sides of the tongue	Fullness of epigastrium, hypochondriac distension, thick sticky yellow tongue coating	Dry eyes, dry throat, night sweating, scanty menses, tongue without coating	Dry cough, dizziness, tinnitus, night sweating, tongue without coating	Palpitations, dizziness, tinnitus, night sweating, red tongue with redder tip and midline crack and without coating	Lower backache, feeling of cold, loose stools, deep-weak pulse